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PROGRAMA DE PÓS-GRADUAÇÃO EM CIÊNCIA DE ALIMENTOS



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**Atividade antiproliferativa de hidrolisados proteicos e  
frações peptídicas derivados da proteína de soja e do feijão-caupí,  
sobre linhagens celulares tumorais, *in vitro***

SALVADOR  
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Dissertação apresentada ao Programa de Pós-Graduação em Ciência de Alimentos, da Faculdade de Farmácia da Universidade Federal da Bahia, como requisito do para a obtenção do título de Mestre em Ciência dos Alimentos.

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Comissão julgadora dos trabalhos de defesa pública da Dissertação de Mestrado da candidata **Biane Oliveira Philadelpho**, em sessão pública realizada em 12/02/2021.

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*À minha avó Lourdes, pelo exemplo de força  
e perseverança*

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*“Por vezes sentimos que aquilo que fazemos não é senão uma gota de água no mar. Mas o mar seria menor se lhe faltasse uma gota”*

*Madre Teresa de Calcutá*

## RESUMO

Muitos estudos têm demonstrado que peptídeos derivados de proteínas dos grãos de leguminosas exercem efeitos benéficos à saúde humana. Entre estes, destacam-se à ação antioxidante, antilipidêmica, antiglicêmica e antiobesidade. Neste sentido, estudos mais recentes têm sugerido que frações peptídicas parecem modular a proliferação celular de algumas linhagens tumorais. Neste sentido, o presente estudo avaliou a citotoxicidade (atividade antiproliferativa) de hidrolisados proteicos e frações peptídicas oriundas das proteínas isoladas da soja (*Glycine max*) e do feijão-caupí (*Vigna unguiculata*), sobre linhagens tumorais, *in vitro*. As proteínas glicinina (11S) e  $\beta$ -conglucina (7S) da soja, e a  $\beta$ -vignina (7S) do feijão-caupí foram isoladas, através de etapas de solubilização e precipitação no ponto isoelétrico, e depois, foram parcialmente purificadas por processo cromatográfico. Em seguida, as proteínas glicinina e  $\beta$ -conglucina foram hidrolisadas pela ação sequencial das enzimas pepsina/pancreatina, e a  $\beta$ -vignina por diferentes sistemas enzimáticos: *i.* pepsina, *ii.* tripsina, *iii.* pepsina/pancreatina, e *iv.* alcalase/pepsina. Posteriormente, a citotoxicidade dos hidrolisados foi avaliada. Nenhum dos hidrolisados apresentou efeito citotóxico sobre as células humanas não-tumorais (HUVEC) nas concentrações de 12,5–200  $\mu\text{g/mL}$ . Por outro lado, os hidrolisados proteicos da  $\beta$ -conglucina e glicinina inibiram a proliferação celular de adenocarcinoma mamário humano (MDA-MB-231), carcinoma hepatocelular humano (Hep-G2) e carcinoma de próstata (DU-145), entre 24% a 54%, e 20% a 45%, respectivamente. Além disso, os hidrolisados da proteína  $\beta$ -vignina, derivados da ação da pepsina ( $\text{IC}_{50}=3,71 \mu\text{g/mL}$ ) e tripsina ( $\text{IC}_{50}=3,02 \mu\text{g/mL}$ ) exerceram uma ação antiproliferativa de -95% e -91%, respectivamente, sobre a linhagem MDA-MB-231. Para a soja, a fração constituída de peptídeos entre 10-3 kDa da  $\beta$ -conglucina apresentou um efeito antiproliferativo mais significativo sobre a MDA-MB-231 ( $\text{IC}_{50} 7,4 \mu\text{g/mL}$ ) e DU-145 ( $\text{IC}_{50} 6,0 \mu\text{g/mL}$ ), enquanto que a fração < 3 kDa apresentou melhor efeito contra células Hep-G2 ( $\text{IC}_{50} 5,7 \mu\text{g/mL}$ ), ambos com efeito dose-dependente. No feijão-caupí, a fração de peptídeos entre 10-3 kDa apresentou melhor efeito contra as células MDA-MB-231 ( $\text{IC}_{50}=0,62 \mu\text{g/mL}$ ), enquanto a fração de peptídeo de 30-10 kDa teve o melhor efeito inibitório nas células Hep-G2 ( $\text{IC}_{50}=10,63 \mu\text{g/mL}$ ). Os resultados observados neste estudo indicam a presença de peptídeos na fração entre 10-3 kDa, derivados da proteína  $\beta$ -conglucina da soja e  $\beta$ -vignina do caupí, com ação antiproliferativa sobre linhagens celulares tumorais, sobretudo para adenocarcinoma mamário. Contudo, estudos adicionais são necessários a fim de identificar os peptídeos que exercem este efeito, e esclarecer o(s) mecanismo(s) envolvido(s) na morte celular. Atualmente, estas questões vêm sendo estudadas pelo nosso grupo de pesquisa.

**Palavras-chave:**  $\beta$ -conglucina;  $\beta$ -vignina; peptídeos bioativos; citotoxicidade; MDA-MB-231.

## ABSTRACT

Several studies have shown that peptides derived from proteins in legume grains have beneficial effects on human health. Among these, the antioxidant, antilipidemic, anti-glycemic and anti-obesity action stands out. In this sense, more recent studies have suggested that peptide fractions appear to modulate the cell proliferation of some tumor strains. In this sense, the present study evaluated the cytotoxicity (antiproliferative activity) of protein hydrolysates and peptide fractions from proteins isolated from soy (*Glycine max*) and cowpea (*Vigna unguiculata*), on tumor lines, in vitro. Proteins glycine (11S) and  $\beta$ -conglycinin (7S) from soybeans, and  $\beta$ -vignin (7S) from cowpea were isolated, through solubilization and precipitation steps at the isoelectric point, and afterwards, were partially purified by process chromatographic. Then, the proteins glycinin and  $\beta$ -conglycinin were hydrolyzed by the sequential action of the enzymes pepsin / pancreatin, and  $\beta$ -vignin by different enzymatic systems: i. pepsin, ii. trypsin, iii. pepsin / pancreatin, and iv. alkalase / pepsin. Subsequently, the cytotoxicity of the hydrolysates was evaluated. None of the hydrolysates had a cytotoxic effect on human non-tumor cells (HUVEC) at concentrations of 12.5–200  $\mu\text{g} / \text{mL}$ . On the other hand,  $\beta$ -conglycinin and glycine protein hydrolysates inhibited the cell proliferation of human breast adenocarcinoma (MDA-MB-231), human hepatocellular carcinoma (Hep-G2) and prostate carcinoma (DU-145), between 24% 54%, and 20% to 45%, respectively. In addition,  $\beta$ -vignin protein hydrolysates, derived from the action of pepsin (IC<sub>50</sub> = 3.71  $\mu\text{g} / \text{mL}$ ) and trypsin (IC<sub>50</sub> = 3.02  $\mu\text{g} / \text{mL}$ ) exerted an anti-proliferative action of -95% and -91% , respectively, on the MDA-MB-231 strain. For soybeans, the fraction of peptides between 10-3 kDa of  $\beta$ -conglycinin showed a more significant antiproliferative effect on MDA-MB-231 (IC<sub>50</sub> 7.4  $\mu\text{g} / \text{mL}$ ) and DU-145 (IC<sub>50</sub> 6.0  $\mu\text{g} / \text{mL}$ ), while the fraction <3 kDa had a better effect against Hep-G2 cells (IC<sub>50</sub> 5.7  $\mu\text{g} / \text{mL}$ ), both with dose-dependent effect. In cowpea, the peptide fraction between 10-3 kDa had the best effect against MDA-MB-231 cells (IC<sub>50</sub> = 0.62  $\mu\text{g} / \text{mL}$ ), while the peptide fraction of 30-10 kDa had the best effect inhibitory in Hep-G2 cells (IC<sub>50</sub> = 10.63  $\mu\text{g} / \text{mL}$ ). The results observed in this study indicate the presence of peptides in the fraction between 10-3 kDa, derived from the protein  $\beta$ -conglycinin of soy and  $\beta$ -vignin of cowpea, with antiproliferative action on tumor cell lines, especially for breast adenocarcinoma. However, further studies are needed in order to identify the peptides that exert this effect, and to clarify the mechanism (s) involved in cell death. These issues are currently being studied by our research group.

**Keywords:**  *$\beta$ -conglycinin,  $\beta$ -vignin, bioactive peptides; cytotoxicity, MDA-MB-231.*



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## 1 INTRODUÇÃO GERAL

Devido ao envelhecimento populacional e aos hábitos de vida modernos, o câncer é atualmente considerado uma das doenças crônicas mais prevalentes na atualidade. O câncer corresponde a um conjunto de mais de 100 doenças e é decorrente de uma divisão celular descontrolada, com conseqüente comprometimento funcional tecidual e invasão a outras regiões do organismo. Tal capacidade é viabilizada em razão da propriedade angiogênica do tecido, que sob condições de normalidade é estritamente controlada e na displasia maligna possibilita a disseminação sistêmica das células neoplásicas através do sistema linfático e da corrente sanguínea (BLANCO-MÍGUEZ *et al.*, 2016).

As estratégias de tratamento como cirurgia, quimioterapia e radioterapia são frequentemente associadas a efeitos colaterais por causarem danos a tecidos saudáveis (CARRILLO *et al.*, 2017), além da resistência a diversos agentes antineoplásicos (KIBRIA; HATAKEYAMA; HARASHIMA, 2014). Por outro lado, resultados de estudos epidemiológicos sustentam a hipótese de que a alimentação desempenha papel importante como forma alternativa (promissora) e auxiliar aos tratamentos, especialmente pela ingestão daqueles alimentos considerados funcionais (CORDEIRO *et al.*, 2018).

Diversos estudos apontam que hidrolisados de proteínas de leguminosas são boas fontes para obtenção de peptídeos bioativos que exibem potencial terapêutico para diversas patologias, como hipertensão (CIAU-SOLÍS; ACEVEDO-FERNÁNDEZ; BETANCUR-ANCONA, 2018), diabetes (BECERRA-TOMÁS *et al.*, 2018), aterosclerose (GOMES *et al.*, 2020), síndrome metabólica (JAKUBCZYK *et al.*, 2017) e sobretudo para o câncer (DIA; DE MEJIA, 2013; LUNA-VITAL; DE MEJÍA; LOARCA-

PIÑA, 2017). Desses fatores, a dieta é responsável por mais de 35% dos casos (RUIZ; HERNANDEZ, 2014).

Diversos estudos apontam que hidrolisados de proteínas de leguminosas são boas fontes para obtenção de peptídeos bioativos, os quais demonstram exercer potencial terapêutico para diversas patologias, sobretudo para o câncer (GONZÁLEZ-MONTOYA; CANO-SAMPEDRO; MORA-ESCOBEDO, 2017). Dentre estas, as proteínas de soja (*Glycine max*) têm sido consideravelmente estudadas quanto à presença de peptídeos bioativos derivados da sua hidrólise. Seu consumo tem sido associado a uma menor incidência de câncer de mama (TAKAGI *et al.*, 2015; MOUROUTI; PANAGIOTAKOS, 2013), próstata (KOLONEL *et al.*, 2000), fígado (ZHOU *et al.*, 2016), cólon (YU *et al.*, 2016) e endométrio (ZHONG, 2016), principalmente em países orientais, onde seu consumo tem maior abrangência (HE; CHEN, 2013).

As globulinas correspondem a cerca de 70% da fração proteica encontrada em leguminosas, constituídas geralmente de duas proteínas principais, denominadas de globulina do tipo vicilinas e leguminas, usualmente classificadas em proteínas 7S e 11S, respectivamente (SHEVKANI *et al.*, 2019). Apesar de serem majoritárias, existem poucos trabalhos na literatura que buscaram investigar se essas proteínas são prováveis candidatas para a geração de peptídeos com propriedades antitumorais (MONTALES *et al.*, 2015; WANG *et al.*, 2008). Assim, o presente estudo avaliou a atividade antiproliferativa de hidrolisados proteicos e frações peptídicas de proteínas isoladas da soja (*Glycine max*) e do feijão-caupí (*Vigna unguiculata*) – sobre linhagens celulares tumorais, *in vitro*.

## 2 OBJETIVOS

### 2.1 Objetivo geral

- Avaliar a citotoxicidade de hidrolisados proteicos e frações peptídicas derivados das proteínas  $\beta$ -conglucina e glicina da soja (*Glycine max*) e da  $\beta$ -vigna do feijão-caupí (*Vigna unguiculata*), sobre linhagens celulares tumorais, *in vitro*.

### 2.2 Objetivos específicos

- Extrair, isolar e purificar as globulinas  $\beta$ -conglucina e glicina da soja; e a  $\beta$ -vigna do feijão caupí;
- Hidrolisar a  $\beta$ -conglucina e glicina a partir da hidrólise sequencial de pepsina pancreática; e a  $\beta$ -vigna a partir da ação enzimática individual (pepsina, tripsina) e sequencial (pepsina/pancreatina e alcalase/pepsina), *in vitro*;
- Avaliar a citotoxicidade ( $IC_{50}$ ) dos hidrolisados da soja frente às linhagens tumorais de adenocarcinoma mamário humano (MDA-MB-231), carcinoma hepatocelular humano (Hep-G2), carcinoma de próstata (DU-145) e na linhagem não tumoral de célula epitelial de cordão umbilical humano (HUVEC), *in vitro*;
- Avaliar a citotoxicidade ( $IC_{50}$ ) do hidrolisado do feijão-caupí frente às linhagens tumorais de adenocarcinoma mamário humano (MDA-MB-231), carcinoma hepatocelular humano (Hep-G2) e na linhagem não tumoral de célula epitelial de cordão umbilical humano (HUVEC), *in vitro*;
- Fracionar o hidrolisado proteico da soja e do feijão-caupí que causar maior citotoxicidade em peptídeos entre 30 e 10 kDa, peptídeos entre 10 e 3 kDa e peptídeos menores que 3 kDa;
- Avaliar a citotoxicidade ( $IC_{50}$ ) das frações de peptídeos entre 30 –10 kDa, entre 10 - 3 kDa e menores que 3 kDa.

### 3 FUNDAMENTAÇÃO TEÓRICA

#### 3.1 Câncer: Aspectos gerais

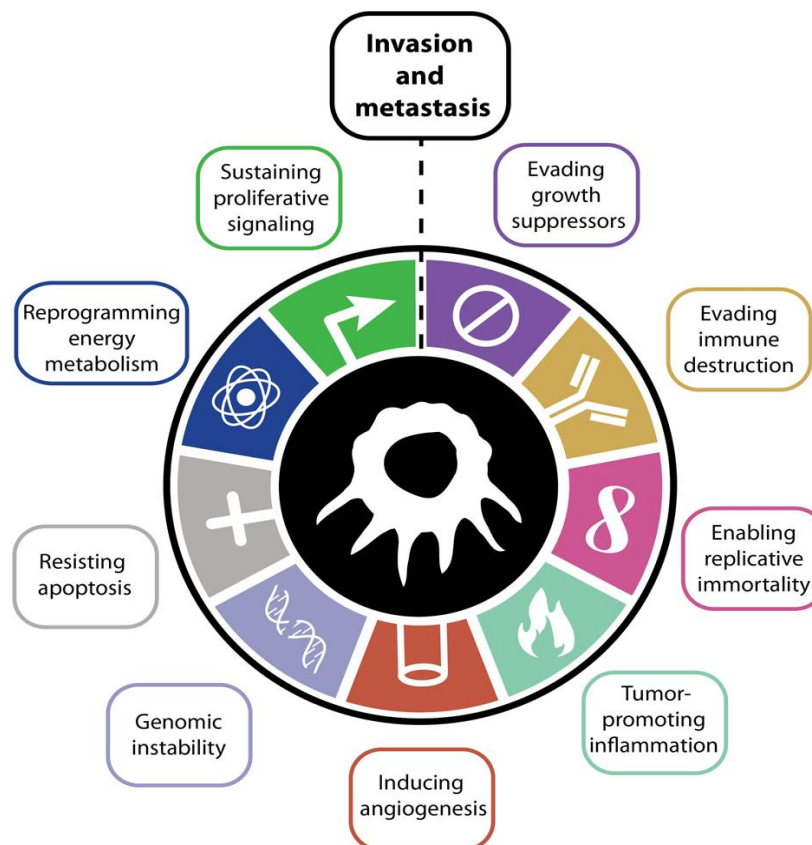
Câncer é o nome dado a um conjunto de mais de 100 doenças que apresenta como característica comum divisão celular descontrolada com consequente comprometimento funcional tecidual e capacidade de disseminação a outras regiões do organismo (BLANCO-MÍGUEZ *et al.*, 2016; HANAHAN; WEINBERG, 2000). Em condições de normalidade, as células humanas têm a capacidade de superar alterações em seu material genético devido aos mecanismos de reparo do DNA e apoptose. Sempre que esses mecanismos de proteção celular são alterados constitucionalmente ou o ataque ao DNA ultrapassa as capacidades de uma célula normal, ocorrem mutações permanentes. Essas mutações podem ativar genes envolvidos no crescimento e proliferação celular (oncogenes) ou inativar genes envolvidos na senescência celular e apoptose (genes supressores de tumor) (IMRAN *et al.*, 2017). Tais alterações no material genético modificam circuitos regulatórios que mantêm a homeostase celular, resultando em uma série de manifestações patológicas a nível sistêmico (HASSANPOUR; DEHGHANI, 2017).

O desenvolvimento das neoplasias pode ser influenciado tanto por fatores de risco intrínsecos não modificáveis quanto por fatores não intrínsecos modificáveis. Os fatores de risco intrínsecos referem-se a erros aleatórios resultantes da replicação do DNA. Os fatores de risco não intrínsecos podem ser subdivididos em endógenos e exógenos. Os endógenos são aqueles parcialmente modificáveis e relacionados às características de um indivíduo, como sistema imunológico, metabolismo, resposta a danos no DNA e níveis hormonais. E os exógenos são aqueles modificáveis, como exposição à radiação, tabagismo, terapia hormonal, dieta, atividade física, entre outros (WU *et al.*, 2018).



Hanahan e Weinberg (2000) propuseram no início dos anos 2000 que as mutações genéticas em células cancerígenas resultam em seis alterações fenotípicas que as caracterizam como células tumorais malignas. Essas alterações fisiológicas comuns às células cancerosas ficaram conhecidas como hallmarks do câncer. Posteriormente, com o avanço nas pesquisas sobre a biologia do câncer, foram adicionadas mais quatro alterações (HANAHAN; WEINBERG, 2011), constituindo-se então dez hallmarks: (1) Evasão a supressores de crescimento; (2) Evasão ao sistema imunológico; (3) Imortalidade replicativa; (4) Inflamação promotora de tumor; (5) Indução de angiogênese; (6) Instabilidade genômica; (7) Resistência à apoptose; (8) Reprogramação do metabolismo energético; (9) Sustentação a sinalização proliferativa; e (10) Invasão e metástase (Figura 1).

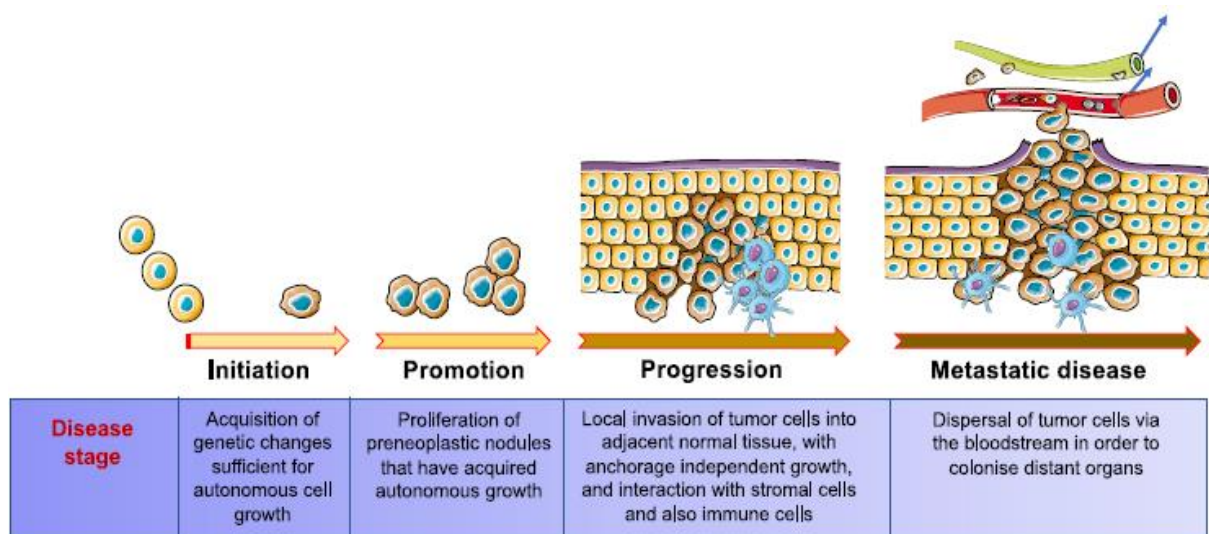
**Figura 1** – Os Hallmarks do câncer.



**Fonte:** Meirson, Gil-Henn e Samson (2020).

O desenvolvimento de uma célula não-tumoral em uma célula maligna ocorre de forma lenta e progressiva, geralmente após anos de exposição a agentes carcinogênicos. Esse processo é dividido em três estágios: iniciação, promoção e progressão (**Figura 2**).

**Figura 2** – Desenvolvimento da célula cancerígena durante etapas de iniciação, promoção e progressão.



**Fonte:** Hayes, Dinkova-Kostova e Tew (2020).

A iniciação é a etapa inicial para a formação de células tumorais no organismo. Iniciadores, também conhecidos como agentes carcinogênicos, são compostos capazes de causar mutações no DNA, gerando alterações genéticas permanentes. Quanto maior a exposição a um agente carcinogênico, maior o risco de se iniciar o processo de carcinogênese. Uma vez que uma célula particular foi afetada por um iniciador, ela é suscetível à promoção (LIU *et al.*, 2015). A etapa conhecida como promoção é caracterizada pela geração de células-filhas contendo a mutação criada pelo iniciador. Essa proliferação celular é geralmente incitada por agentes conhecidos como promotores, os quais se ligam a receptores na superfície celular afetando as

vias intracelulares que aumentam a proliferação celular. A terceira etapa, denominada de progressão, é irreversível e está relacionada a mudanças cariotípicas, na qual observa-se um aumento da taxa de crescimento, invasividade e metástase devido à instabilidade genética (HAYES; DINKOVA-KOSTOVA; TEW, 2020; LIU *et al.*, 2015).

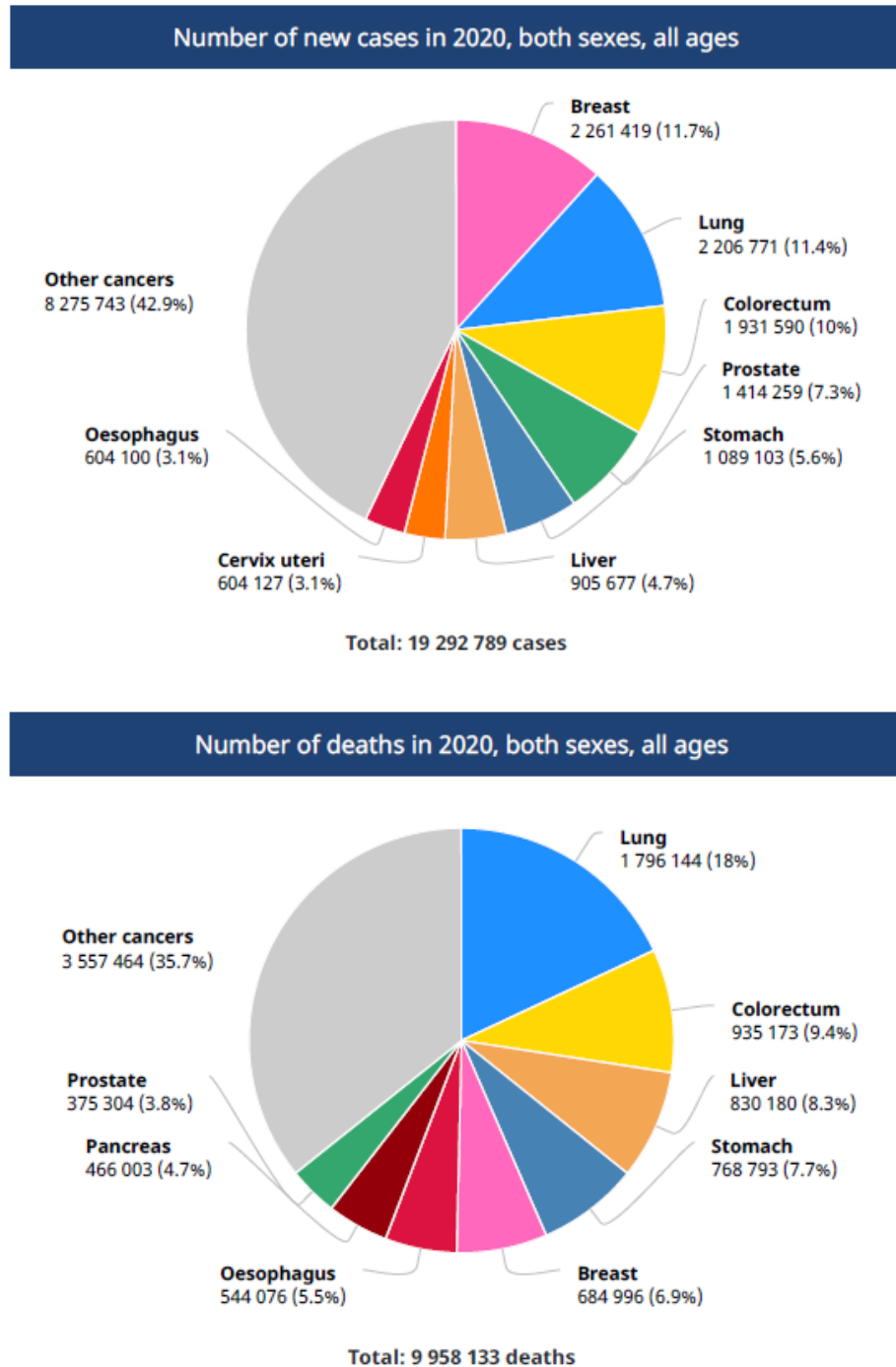
A formação de metástases é um processo complexo e envolve diversas etapas. As células tumorais primeiramente migram e invadem a matriz extracelular circundante para então serem capazes de atingir a vasculatura, sobreviver à corrente sanguínea, invadir outro tecido e se adaptar ao novo microambiente. Sua capacidade de evasão do seu tecido de origem relaciona-se à sua habilidade de sintetizar e secretar fatores pró-angiogênicos, os quais contribuem para a formação de novos vasos sanguíneos e linfáticos a fim de manter sua necessidade nutricional frente à crescente massa tecidual. A disseminação metastática é a principal causa de mortalidade relacionada ao câncer e, por isso, considerado um importante alvo terapêutico (MEIRSON; GIL-HENN; SAMSON, 2020).

### **3.2 Epidemiologia do câncer**

A incidência de câncer e outras doenças crônicas não transmissíveis tem crescido mundialmente e a previsão é de que o número de casos aumente com a melhora da expectativa de vida (CAVAZOS; DE MEJIA, 2013). A incorporação de hábitos relacionados à urbanização, como alimentação inadequada, sedentarismo, alcoolismo, entre outros, têm contribuído para o aumento da incidência (BRAY *et al.*, 2018). O câncer foi a causa de morte de 9,9 milhões de pessoas no mundo em 2020. As neoplasias malignas mais incidentes nesse ano foram as de mama (2,2 milhões), pulmão (2,2 milhões), cólon (1,9 milhão), próstata (1,4 milhão) e fígado (0,9 milhão). Aquelas responsáveis pelo maior número de mortes foi o câncer de pulmão (1,7

milhão), seguido de colorretal (0,9 milhão), fígado (0,8 milhão), estômago (0,7 milhão) e mama (0,7 milhão), como demonstrado na **Figura 3**. A previsão é que no ano de 2040 haverá mais de 30 milhões de novos casos (FERLAY *et al.*, 2020).

**Figura 3** – Número de novos casos e mortes de cânceres mais incidentes no mundo para ambos os sexos e todas as idades em 2020.



**Fonte:** Ferlay *et al.* (2020).

Os dados brasileiros parecem acompanhar a tendência mundial em virtude do aumento observado no processo de urbanização (SIEGEL; MILLER; JEMAL, 2018). Tem sido observada uma alteração importante no perfil de morbimortalidade na população brasileira, caracterizada pela diminuição da incidência das doenças infectocontagiosas e um aumento na incidência de doenças crônico degenerativas. Estudos epidemiológicos recentes estimaram a ocorrência de aproximadamente 625 mil novos casos para o triênio de 2020-2022. O câncer de pele não melanoma será o mais incidente (177 mil), seguido pelos cânceres de mama e próstata (66 mil cada), cólon e reto (41 mil), pulmão (30 mil) e estômago (21 mil). A região sudeste concentra mais de 60% da incidência, na qual predominam os cânceres de próstata e mama, bem como o de pulmão e de intestino. A região Nordeste é a segunda mais incidente (27,8%), onde os cânceres de próstata e mama também são os mais importantes, seguido do câncer do colo do útero e de estômago. A região Sul concentra 23,4% dos casos, com padrão da incidência similar ao da região Sudeste (INCA, 2019).

Diante deste contexto, é evidente que o câncer é um problema de saúde pública que gera impacto econômico substancial. Apenas para o câncer de mama no Brasil, os gastos com internações, quimioterapia e benefícios previdenciários aumentaram em mais de 100% comparando-se o ano de 2008 (R\$ 302 milhões) e 2015 (R\$ 633 milhões) (SIQUEIRA *et al.*, 2016). Desse modo, fica evidente a importância do diagnóstico precoce da doença assim como busca por novos tratamentos.

### 3.3 Grãos de leguminosas x Câncer

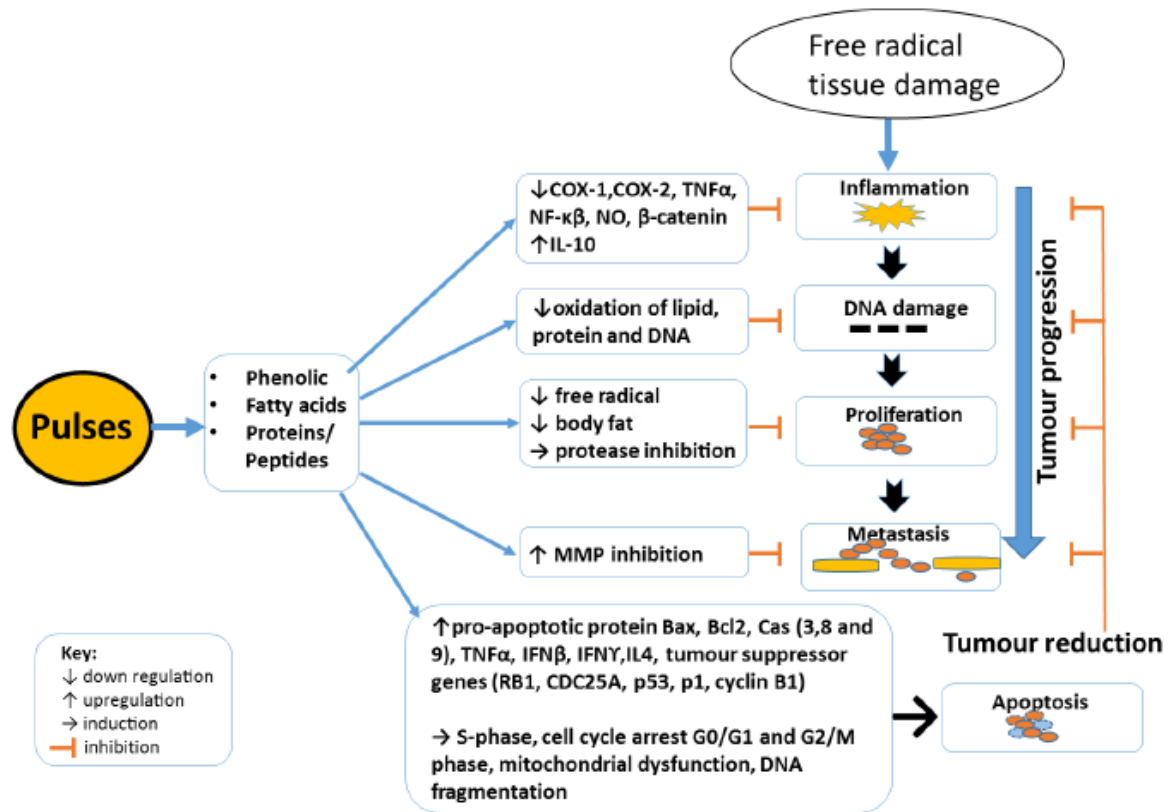
A origem do termo leguminosa é derivada da palavra latina “legumen”, que significa “sementes colhidas em vagens”. Os grãos de leguminosas são considerados um importante componente da dieta há milênios, sendo consumida em todo o mundo e representam uma importante fonte de nutrientes (SINGH, 2017). O elevado conteúdo proteico tem sido sem dúvida seu principal aspecto de interesse econômico, uma vez que tem crescido a demanda por proteínas de origem vegetal. Conseqüentemente, as culturas de leguminosas podem ser exploradas como fontes de proteína sustentáveis e de alta qualidade (BESSADA; BARREIRA; OLIVEIRA, 2019).

Estudos têm demonstrado uma associação entre ingestão de leguminosas e redução do risco de desenvolvimento de alguns tipos de câncer. Uma meta-análise com base em estudos de coorte prospectivos que buscavam investigar a associação entre o consumo de leguminosas na dieta e o risco de câncer colorretal indicou uma associação entre maior ingestão de leguminosas e um risco reduzido deste câncer, principalmente relacionado ao consumo da soja (ZHU *et al.*, 2015). Outra meta-análise de estudos de coorte prospectivos apontou que indivíduos com alto consumo de leguminosas experimentaram um risco 3,7% menor de desenvolver câncer de próstata para cada aumento de 20 g/dia de ingestão de leguminosas (LI; MAO, 2017).

Assim, há um interesse considerável em explorar as propriedades quimiopreventivas de compostos presentes nas leguminosas. Algumas das propriedades potencialmente benéficas de compostos presentes nas leguminosas são atribuídas principalmente a suas atividades anti-inflamatória, antiproliferativa, pró-apoptótica e antimetastática (RAO *et al.*, 2018), como ilustrado resumidamente na

**Figura 4.**

**Figura 4** – Interação potencial de compostos bioativos de leguminosas com vias relacionadas ao desenvolvimento do câncer.



**Fonte:** Rao *et al.* (2018).

Estudos têm mostrado que compostos fenólicos extraídos de leguminosas apresentam propriedades anti-inflamatórias e antioxidante, as quais podem contribuir para evitar processos celulares que levem à tumorigênese. Foi observado em extratos fenólicos de quatro variedades de feijão comum (*Phaseolus vulgaris*) inibição de proteínas pró-inflamatórias, como ciclooxigenase-2, fator de necrose tumoral e fator nuclear kappa-B, e um aumento da atividade da interleucina 10 (MORENO-JIMENEZ *et al.*, 2015). Um extrato com uma variedade de compostos fenólicos do feijão faba (*Vicia faba*) apresentou atividade antioxidante em ensaios de determinação da atividade antioxidante total, de atividade antioxidante no sistema modelo  $\beta$ -caroteno-

linoleato e atividade anti-radicalar contra DPPH, no qual a fração composta por taninos condensados exibiu melhor atividade (AMAROWICZ; SHAHIDI, 2018).

As isoflavonas genisteína, daidzeína e gliciteína têm sido associadas à redução do risco de desenvolvimento de câncer (SPAGNUOLO *et al.*, 2015; HUA *et al.*, 2018; ZHANG *et al.*, 2015). Dentre estas, a genisteína é a que tem sido mais vastamente investigada, uma vez que a mesma representa cerca de 50% das isoflavonas (MURPHY; BARUA; HAUCK, 2002). Devido à sua semelhança estrutural com o estradiol, ela foi primeiramente descrita como composto antiestrogênico (FOLMAN; POPE, 1966), pois é capaz de se ligar a receptores de estrogênio (ER), principalmente ao ER $\beta$ , receptor com atividade supressora de crescimento comumente expresso em tumores de mama (AN *et al.*, 2001; SAJI; HIROSE; TOI, 2005). Tal seletividade lhe conferiu a classificação de composto modulador seletivo de receptores de estrogênio (RUSSO *et al.*, 2016).

Por essa razão, inicialmente sua função quimiopreventiva foi relacionada a seus efeitos antiestrogênicos. Posteriormente foi avaliada a ação da genisteína na inibição de duas linhagens cancerígenas de mama, nas quais uma expressa receptor de estrogênio (MCF-7) e a outra não (MDA-468). Para ambas foi observada inibição do crescimento celular de maneira similar, chegando-se à conclusão de que sua atuação não é receptor-dependente e está relacionada também a outras vias celulares (PETERSON; BARNES, 1991). Outros estudos identificaram que essa isoflavona também é um inibidor de tirosina-quinase do fator de crescimento epidérmico (EGF) em células de carcinoma epidermoide (A431) (AKIYAMA *et al.*, 1987) e inibidor de DNA topoisomerase II em células de carcinoma de cólon (MIZUSHINA *et al.*, 2013), glioma (SCHMIDT *et al.*, 2008) e células leucêmicas (LÓPEZ-LÁZARO; WILLMORE;



AUSTIN, 2007). Além disso, ela age em sinergismo com outros agentes antitumorais (KAUSHIK *et al.*, 2016; TANG *et al.*, 2018).

### **3.4 Proteínas e peptídeos antitumorais de leguminosas**

Como as leguminosas são uma fonte rica em proteínas (20-40%) (ERBERSDOBLER; BARTH; JAH-REIS, 2017), é notório que sua fração proteica também tenha sido consideravelmente investigada, principalmente pela presença de proteínas e peptídeos derivados da sua hidrólise com atividade antitumoral. Na década de 1940 Bowman (1944) e Kunitz (1945) identificaram frações derivadas da soja capazes de inibir a digestão *in vitro* de proteínas pela ação da tripsina e quimiotripsina, que posteriormente ficaram conhecidas como inibidores de Bowman-Birk (BBI) e do tipo Kunitz (KTI), as quais correspondem a 6% do total das proteínas da soja (RACKIS; ANDERSON, 1964). Esses inibidores de protease foram amplamente estudados quanto a sua estrutura (BIRK, 1961; BIRK, 1985; BIRK; GERTLER; KHALEF, 1963; BOWMAN, 1944; KUNITZ, 1945) assim como sua possível ação biológica (KOBAYASHI *et al.*, 2004), principalmente o BBI como agente anticarcinogênico (CHEN *et al.*, 2005; KENNEDY, 1998).

Inibidores de protease são fatores antinutricionais de estrutura proteica presentes nas leguminosas que apresentam atividade antiproliferativa em algumas linhagens celulares. Um inibidor de bowman-birk (BBI) isolado da soja foi capaz de inibir a viabilidade de células de câncer de próstata humana (LNCaP), causando indução de conexina 43 (Cx43) e expressão de caspase 3 clivada *in vitro*. Quando administrada *in vivo* em uma dieta contendo 3% de concentrado de BBI (BBIC) em ratos durante 10 semanas, foi observada redução da taxa de crescimento do peso corporal sem causar alterações clínicas ou histopatológicas nos tratados, suprimindo

adenocarcinomas nos lobos laterais da próstata e causando expressão de Cx43 em células mortas de câncer de próstata pós-tratamento (TANG *et al.*, 2009). Esse e outros trabalhos (SAITO *et al.*, 2007; SAKURAI *et al.*, 2008) demonstram que o BBI atua induzindo o gene supressor de tumor Cx, o qual é responsável pela expressão de proteínas transmembranas chamadas de conexinas (Cx), as quais mantêm a homeostase celular via comunicação intercelular juncional, retardando o processo metastático.

Outra proteína já explorada quanto à sua atividade antitumoral são as lectinas, classe de proteínas de origem não-imunológica, as quais apresentam a capacidade de se ligar reversivelmente a carboidratos e que não são consideradas anticorpos, enzimas que usam carboidratos como substratos ou transportadores de sacarídeos livres (MANNING *et al.*, 2017). A atividade antitumoral de quatro lectinas vegetais – fitohemaglutinina (PHA) do feijão vermelho (*Phaseolus vulgaris*), o mitógeno de ervilha (PWM) da erva-tintureira (*Phytolacca americana*), a aglutinina (SBA) da soja (*Glycine max*) e aglutinina (WGA) de trigo (*Triticum vulgaris*) foi avaliada em um linfoma ascítico murino. Quando as células foram tratadas *in vitro*, as quatro lectinas causaram redução na contagem de células tumorais e *in vivo* reduziram a progressão de crescimento no hospedeiro. Dentre as lectinas testadas, a WGA foi a que apresentou melhor controle de crescimento do tumor assim como melhor expectativa de vida dos animais (GANGULY; DAS, 1994). O efeito anticâncer da lectina de soja (SBL) também foi avaliada *in vivo* em camundongos portadores de linfoma de Dalton. Foi observado *in vitro* que a autofagia, apoptose e dano ao DNA mediada por SBL nas células HeLa foram infligidas através da geração de ERO de maneira dose-dependente, o que foi confirmado quando as células foram pré-tratadas com N-acetilcisteína (molécula considerada “limpadora” de ERO). Também foi observada redução da atividade de

autofagia, apoptose e dano ao DNA induzida por SBL, sugerindo que sua atividade citotóxica está intimamente relacionada com a geração de ERO (PANDA *et al.*, 2014).

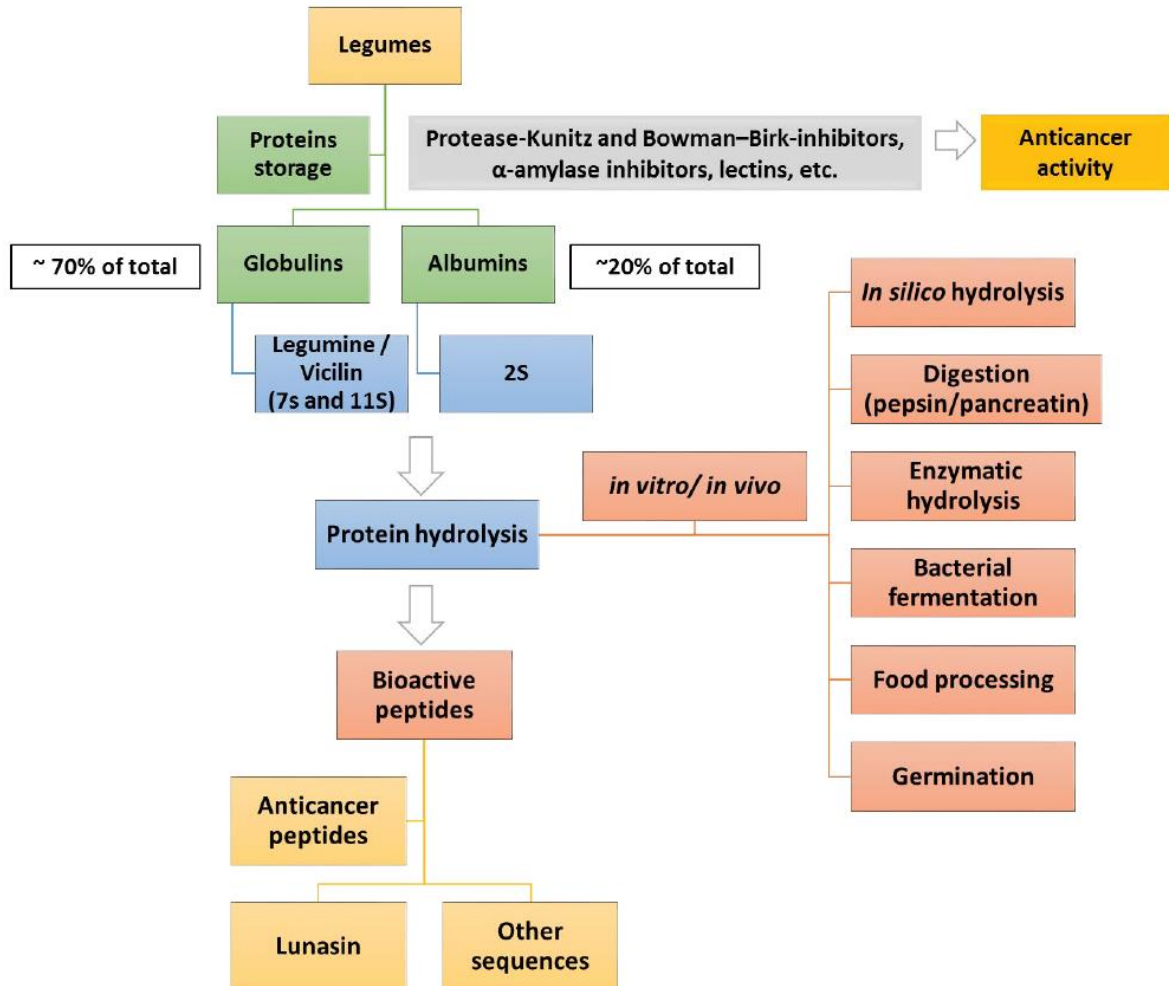
Uma vez demonstrada que algumas proteínas íntegras de leguminosas são capazes de desempenhar atividade antiproliferativa em células cancerígenas, alguns estudos investigam se peptídeos gerados pela hidrólise proteica podem ser de fato as responsáveis pela atividade antiproliferativa das proteínas, pois em sistemas biológicos elas são hidrolisadas no sistema gastrointestinal, sendo absorvidas como peptídeos. Frações de peptídeos entre 50-10 kDa derivados do isolado proteico da soja, pela ação enzimática sequencial da alcalase/pepsina/pancreatina, reduziram de forma intensa a taxa de proliferação celular (-68%) da linhagem tumoral CCRF-CEM (sangue) na concentração de 800 µg/mL (RAYAPROLU *et al.*, 2017b). Por isso, ela foi analisada e observada que a mesma é composta por três peptídeos, os quais foram avaliados quanto a sua atividade antiproliferativa em células de câncer hepático (Hep-G2), de sangue (CCRF-CEM) e de cólon (HCT-116). O peptídeo denominado de E67 foi o que apresentou atividade mais proeminente, chegando a inibir 80% das células de CCRF-CEM, o qual foi identificado como um peptídeo de massa molecular de aproximadamente 18 kDa e considerado precursor da albumina 2S da soja (RAYAPROLU *et al.*, 2017a).

Essa albumina da soja ficou bastante conhecida no campo de estudo das leguminosas pois foi a partir dela que foi isolado o peptídeo conhecido como lunasina. Esse peptídeo bastante estudado apresenta atividade antitumoral em diversas linhagens celulares, tanto em estudos *in vitro* como *in vivo*. Em células de câncer de mama ele foi capaz de inibir a expressão de duas metaloproteinases de matriz (MMP) relacionadas a metástase, a MMP-2 e principalmente a MMP-9, via sinalização FAK/Akt/ERK e NF-κB (JIANG *et al.*, 2016). Em células de câncer de cólon foi capaz

de inibir em 62,8% da proliferação celular na maior concentração testada (100  $\mu\text{M}$ ) com  $\text{IC}_{50}$  de 61,7  $\mu\text{M}$ , semelhante ao da cisplatina ( $\text{IC}_{50}=76,7 \mu\text{M}$ ), além de causar parada do ciclo celular na fase G2 e alterar a expressão de proteínas relacionadas com a apoptose, como a Bax, Bcl-2 e caspase-3 (DIA; DE MEJIA, 2010). Atividades semelhantes são descritas em células leucêmicas (DE MEJIA; WANG; DIA, 2010), de melanoma (SHIDAL *et al.*, 2017) e de pulmão (MCCONNELL *et al.*, 2015). Ela também é capaz de reduzir os níveis de ERO e da atividade das enzimas glutathiona peroxidase e catalase, além do aumento dos níveis de GSH, desempenhando efeito quimioprotetor em células hepáticas Hep-G2 submetidas ao estresse oxidativo (400  $\mu\text{M}$  de t-BOOH) (FERNÁNDEZ-TOMÉ *et al.*, 2014).

Várias estratégias têm sido utilizadas para obter peptídeos com atividade anticâncer, como hidrólise *in vitro* por proteases comerciais, fermentação com cepas bacterianas, digestão gastrointestinal e outros, como ilustrado na **Figura 5**. A hidrólise enzimática é uma das mais comumente utilizadas e pode ser realizada por uma única enzima ou em combinação com diferentes proteinases, como pepsina, tripsina, quimotripsina, bromelina, papaína, alcalase, entre outras. A hidrólise ocorre em condições de pH e temperatura moderadas (pH 5-9; 40-60 °C), condições que devem ser muito bem controladas (GONZÁLEZ-MONTOYA; CANO-SAMPEDRO; MORA-ESCOBEDO, 2017). A hidrólise, ao gerar peptídeos de diferentes tamanhos moleculares, aumenta o número de grupos ionizáveis e pode expor grupos hidrofóbicos. Estudos demonstram que aminoácidos com características hidrofóbicas são comumente encontrados em peptídeos anticâncer derivados de fontes alimentares, como a prolina, leucina, glicina e alanina. Geralmente estes peptídeos apresentam sequências de aminoácidos que variam de 3 a 25 resíduos (CHALAMAIAH; YU; WU, 2018; CHI *et al.*, 2015; WANG; ZHANG, 2017).

**Figura 5** – Principais proteínas de armazenamento das leguminosas e ferramentas utilizadas para a obtenção de peptídeos com atividade antitumoral.



**Fonte:** González-Montoya, Cano-Sampedro e Mora-Escobedo (2017).

Os ensaios de citotoxicidade *in vitro* em cultura de células tumorais são uma importante ferramenta para a avaliação de compostos com provável atividade anticâncer, que funcionam como uma espécie de triagem para selecionar aqueles que serão testados em ensaios *in vivo*. Existem diversos métodos para detectar efeitos citotóxicos de compostos e medir sua viabilidade celular, os quais são baseados em diferentes mecanismos de ação – como integridade de membrana, atividade mitocondrial, metabolismo celular, produção de ATP, entre outros. O ensaio de Alamar

Blue causa menor toxicidade comparado a outros métodos, apresenta alta sensibilidade e é adequado para conduzir experimentos de longo prazo sem matar as células (ADAN; KIRAZ; BARAN, 2016).

### **3.5 Proteínas de reserva de leguminosas**

As proteínas de reserva de leguminosas foram classificadas por Osborne (1924) segundo sua solubilidade em: albuminas (solúveis em água), globulinas (solúveis em soluções salinas), prolaminas (solúveis em soluções hidroalcoólicas) e glutelinas (solúveis em soluções ácidas, alcalinas ou na presença de SDS). Elas são constituídas por duas classes principais – as albuminas e globulinas, que apresentam coeficiente de sedimentação entre 1,6S-2S e 7-13S (S, Svedberg), respectivamente. As globulinas correspondem a cerca de 70% do total de proteínas e as albuminas a cerca de 20% (GONZÁLEZ-MONTOYA; CANO-SAMPEDRO; MORA-ESCOBEDO, 2017).

As albuminas correspondem a cerca de 20% das proteínas de reserva do grão de leguminosas (GONZÁLEZ-MONTOYA; CANO-SAMPEDRO; MORA-ESCOBEDO, 2017). São proteínas de geralmente baixo peso molecular (5 – 80 kDa) que apresentam maior teor de cisteína e metionina quando comparada com as globulinas. Em contrapartida, algumas proteínas consideradas como constituintes antinutricionais fazem parte das albuminas, como os inibidores de protease e amilase, assim como as lectinas (SHEVKANI *et al.*, 2019).

As globulinas correspondem a cerca de 70% da fração proteica encontrada em leguminosas, constituídas geralmente de duas proteínas principais, denominadas de globulina do tipo vicilinas e leguminas, usualmente classificadas em proteínas 7S e 11S, respectivamente, e uma minoritária, as globulinas 2S. As globulinas 7S

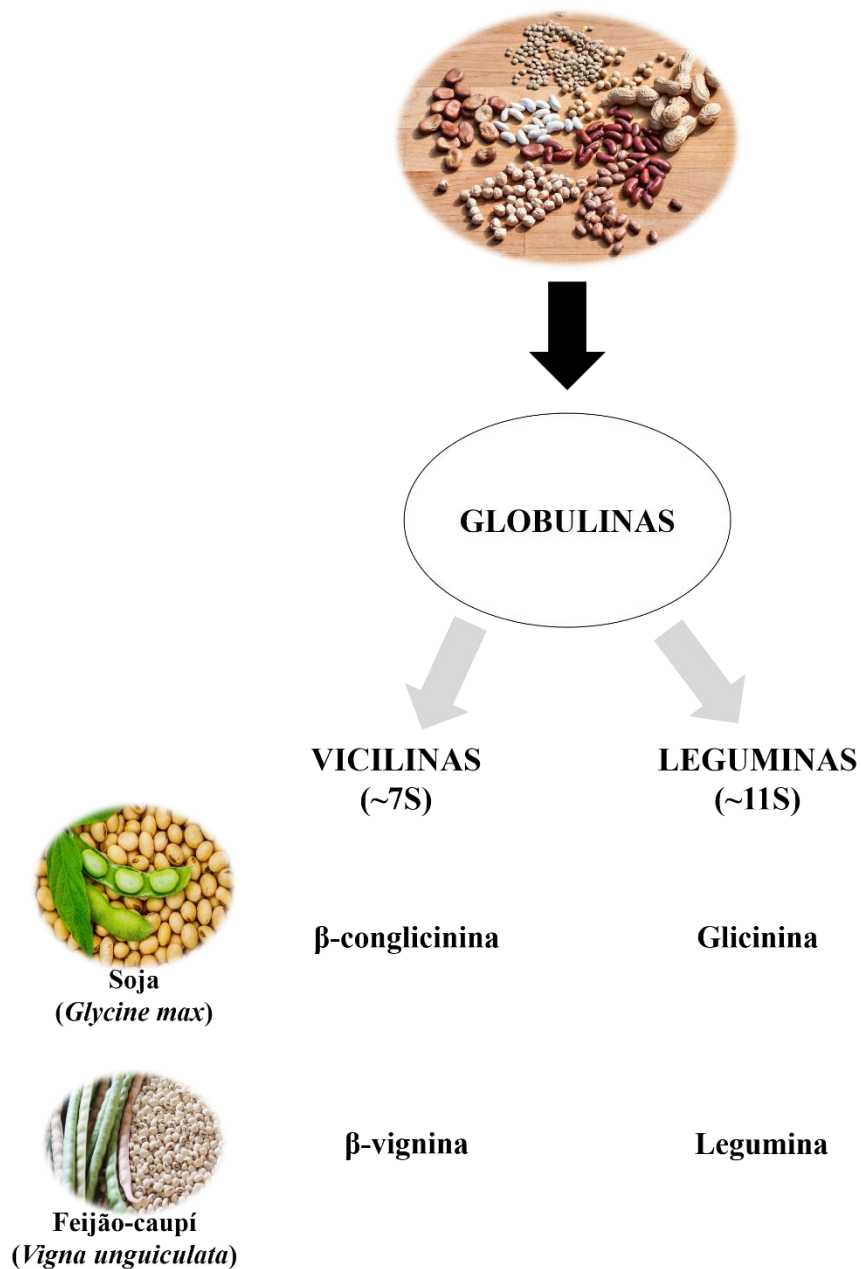
(vicilinas) são proteínas formadas por um trímero de cadeias polipeptídicas unidas por interações hidrofóbicas não covalentes de massa molecular entre 150-190 kDa, que apresentam subunidades glicosiladas entre 50-75 kDa e são a principal proteína de armazenamento em diversas espécies de feijão. As globulinas 11S (leguminas) são complexos oligoméricos com massa molecular entre 270-350 kDa, geralmente formados por 6 pares de subunidades. Cada subunidade de legumina compreende uma subunidade ácida maior de aproximadamente 40 kDa (situadas na superfície) e uma subunidade básica menor de aproximadamente 20 kDa (que formam o núcleo hidrofóbico interno) unidas por ligações dissulfeto. Leguminas geralmente têm maior quantidade de aminoácidos contendo enxofre, como metionina e cisteína, do que as vicilinas (KIMURA *et al.*, 2008; SHEVKANI *et al.*, 2019).

A depender da leguminosa, as vicilinas e leguminas recebem uma denominação específica relacionada ao gênero a que pertencem. Para leguminosas do gênero *Glycine*, como a soja, a vicilina e legumina são chamadas de  $\beta$ -conglícinina e glicínina, respectivamente. Para leguminosas do gênero *Vigna*, como o feijão-caupí, três vicilinas foram identificadas, denominadas de  $\alpha$ -,  $\beta$ - e  $\gamma$ -vigninas (FREITAS; TEIXEIRA; FERREIRA, 2004). Destas, a  $\beta$ -vignina tem sido mais explorada por apresentar considerável semelhança com a  $\beta$ -conglícinina da soja (FERREIRA *et al.*, 2018) e foi reportado que peptídeos derivados da sua hidrólise apresentam atividade hipocolesterolêmica *in vitro* (SILVA *et al.*, 2018). As principais globulinas de leguminosas e suas respectivas nomenclaturas estão ilustradas na **Figura 6**.

Estudos sugerem que proteínas 7S encontradas em distintas sementes de leguminosas apresentam genes ancestrais comuns e que similaridades como sequência de aminoácidos, N-terminal, digestibilidade e atividade biológica são decorrentes de uma evolução genética convergente (GEPTS; BEAVIS; BRUMMER,

2005). Assim, proteínas de outras espécies que apresentem uma semelhança sequencial de aminoácidos a uma outra com ação já estabelecida têm maior probabilidade de exercer a mesma atividade (CAVAZOS; DE MEJIA, 2013).

**Figura 6** – Principais globulinas de leguminosas e suas respectivas nomenclaturas na soja (*Glycine max*) e feijão-caupí (*Vigna unguiculata*).



**Fonte:** Autoria própria.



### 3.6 Soja (*Glycine max*)

A soja é uma planta da família *Fabaceae* (*Leguminosae*), subfamília *Faboideae* (*Papilionoideae*), gênero *Glycine* e espécie *Glycine max* e forma cultivada *Glycine max* (L.) Merrill. Em média, a soja é constituída de 40% de proteína, 35% de carboidratos, 20% de lipídios (PENHA *et al.*, 2014). As principais proteínas de soja são conhecidas como  $\beta$ -conglícinina e glicinina, que respondem por 65% a 80% das proteínas totais. As proteínas são essenciais na dieta humana e seu valor biológico e nutricional depende da quantidade, digestibilidade, absorção e utilização dos aminoácidos que a compõem em cada alimento. Devido ao elevado teor de proteínas, a soja apresenta grande interesse na busca de peptídeos bioativos (DE MEJIA, LUMEN, 2006).

A glicinina corresponde a 37-45% do conteúdo proteico total da soja e a  $\beta$ -conglícinina (7S) representa 25-30% da proteína total da soja. Esta proteína tem massa molecular de aproximadamente 150 kDa, constituída, geralmente de um trímero de polipeptídios de 71, 67 e 50 kDa, representados pelas subunidades polipeptídicas alfa-prime ( $\alpha'$ ), alfa ( $\alpha$ ) e beta ( $\beta$ ), respectivamente, onde todas essas apresentam sítios de N-glicosilação (THANH; SHIBASAKI, 1976). Diversos estudos relatam atividade antitumoral de peptídeos derivados de proteínas do soja (DE MEJIA, E.; LUMEN, 2006; RAYAPROLU *et al.*, 2017a), porém poucos estudos exploraram a atividade antitumoral da glicinina e  $\beta$ -conglícinina dessa oleaginosa (MONTALES *et al.*, 2015; WANG *et al.*, 2008).

### 3.7 Feijão-caupí (*Vigna unguiculata*)

O feijão-caupí é uma planta Dicotyledonea, da família *Fabaceae*, tribo *Phaseoleae*, gênero *Vigna* e espécie *Vigna unguiculata* (L.) (PADULOSI; NG, 1997).

Evidências sugerem que a origem da espécie *unguiculata* tenha ocorrido no continente Africano e posteriormente se dispersou para outros locais (FAOSTAT, 2019). No Brasil, o feijão caupí é cultivado predominantemente no sertão semiárido da região Nordeste e em pequenas áreas na Amazônia (SILVA *et al.*, 2002) e apresenta diferentes denominações a depender da região, como feijão-de-corda e feijão-macassa na região Nordeste, feijão-de-praia, feijão-da-colônia e feijão-de-estrada no Norte e feijão-miúdo no Sul do País, apresentando grande importância tanto na alimentação quanto na geração de emprego e renda (FILHO, 2011).

A semente das espécies do gênero *Vigna* apresentam baixo teor de lipídeos (0,3-3%), considerável teor de carboidratos (50-65%), sendo parte destes compostos por fibras solúveis e insolúveis, assim como minerais importantes como cálcio, ferro e zinco. Dentre seus constituintes, destaca-se por apresentar elevado teor de proteínas, que varia entre 20-39% da sua constituição química, a depender do cultivar (SIVAKANTHAN *et al.*, 2020). A fração majoritária da semente do feijão caupí é representada pelas globulinas, constituindo de 51 a 72% das proteínas totais (FERREIRA *et al.*, 2018; FREITAS; TEIXEIRA; FERREIRA, 2004). Freitas, Teixeira e Ferreira (2004) isolaram e caracterizaram três globulinas da espécie *V. unguiculata*, e sugeriram a seguinte denominação para essas frações:  $\gamma$  (gama),  $\beta$  (beta) e  $\alpha$  (alfa). A fração  $\alpha$  apresenta uma cadeia majoritária de 80 kDa, e duas subunidades menores de 58 e 44 kDa. A fração  $\gamma$ , minoritária, apresenta uma única cadeia de 22 kDa, e devido ao baixo peso molecular foi caracterizada como uma proteína 2S. A fração majoritária  $\beta$ , apresenta duas subunidades polipeptídica principais de 60 e 55 kDa glicosiladas. Nenhum estudo foi conduzido até o momento com hidrolisados e frações peptídicas da  $\beta$ -vignina de feijão-caupi com atividade antiproliferativa em células tumorais.

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# Capítulo I

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*Manuscrito:  $\beta$ -conglucinin peptide fractions exerts inhibitor effect on the proliferation of MDA-MB-231, Hep-G2 and DU-145 cancer cells, in vitro.*

1        **β-conglicinin peptide fractions exerts inhibitor effect on the proliferation of**  
2                    **MDA-MB-231, Hep-G2 and DU-145 cancer cells, *in vitro***

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4  
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27

**28 ABSTRACT**

29 Peptides derived from soy proteins have received remarkable interest due to its  
30 potential antitumor activity. The major storage proteins from this legume are the  
31 globulins glycinin and  $\beta$ -conglycinin. Although several studies describe antitumor  
32 activity from soy hydrolysates and peptides from total protein, just a few explored the  
33 antitumor activity of glycinin and  $\beta$ -conglycinin and its peptides. Therefore, the purpose  
34 of this study was to assess the possible antiproliferative effect of glycinin and  $\beta$ -  
35 conglycinin hydrolysates and peptide fractions.  $\beta$ -conglycinin and glycinin were  
36 isolated, partially purified by chromatographic process and hydrolysed by sequential  
37 action (pepsin/pancreatin). The antiproliferative activity was investigated by Alamar  
38 Blue assay against human mammary adenocarcinoma (MDA-MB-231), human  
39 hepatocellular carcinoma (Hep-G2), prostate carcinoma (DU-145) cell lines. Both  
40 glycinin and  $\beta$ -conglycinin hydrolysates were not cytotoxic to non-cancer human cell  
41 HUVEC (concentrations 12.5-200  $\mu\text{g}/\text{mL}$ ), *in vitro*.  $\beta$ -conglycinin hydrolysate exhibited  
42 the highest antiproliferation activity (between 24 to 54%), compared glycinin (between  
43 20 to 45%) against MDA-MB-231, Hep-G2 and DU-145 cell lines. The 10-3 kDa peptide  
44 fraction from  $\beta$ -conglycinin hydrolysate showed the strongest antiproliferative effect on  
45 MDA-MB-231 (between 15 to 63%, IC<sub>50</sub> 7.4  $\mu\text{g}/\text{mL}$ ) and DU-145 (between 33 to 60%,  
46 IC<sub>50</sub> 6.0  $\mu\text{g}/\text{mL}$ ), whereas the < 3 kDa fraction showed better effect against Hep-G2  
47 (between 35 to 63%, IC<sub>50</sub> 5.7  $\mu\text{g}/\text{mL}$ ) cells, *in vitro*. In addition, the antiproliferative  
48 activity observed was in a dose-response manner. Future studies should focus  
49 especially to identify peptides responsible for its antiproliferative activity. Some of these  
50 issues are currently being explored in our laboratory.

51

52 **Keywords:** *Soybean proteins;  $\beta$ -conglycinin hydrolysate; antiproliferative activity;*  
53 *tumor cell lines.*

## 54 1 INTRODUCTION

55 Cancer corresponds to an uncontrolled cell division, causing tissue functional  
56 impairment and invasion to other regions of the organism, with about 19.2 million new  
57 cases and 9.9 million deaths in 2020 (FERLAY *et al.*, 2020). It is estimated that only 5  
58 to 10% of cancer cases in general can be attributed to genetic inheritance, the other  
59 90 to 95% being related to environmental factors (ANAND *et al.*, 2008). Among these  
60 factors, the diet is responsible for more than 35% of the cases (RUIZ; HERNANDEZ,  
61 2014). More recent studies have described that peptides derived from soy proteins  
62 appear to have an antiproliferative effect on tumor lines for colon (GONZÁLEZ-  
63 MONTOYA *et al.*, 2018), prostate (RAYAPROLU *et al.*, 2017) and breast (KUERBAN  
64 *et al.*, 2017) cancers, among others.

65 Such evidence gained notable interest after the identification of the lunasin  
66 peptide, which has shown to exert remarkable anti-tumor and anti-inflammatory activity  
67 (HSIEH *et al.*, 2018). Lunasin is able to inhibit the expression of MMP-2 and MMP-9,  
68 via FAK/Akt/ERK and NF- $\kappa$ B signaling in breast cancer cells (JIANG *et al.*, 2016) and  
69 to inhibit 62.8% of cell proliferation at 100  $\mu$ M with an IC<sub>50</sub> of 61.7  $\mu$ M, similar to cisplatin  
70 (IC<sub>50</sub> = 76.7  $\mu$ M) (DIA; DE MEJIA, 2010). Similar activities are described in leukemic  
71 (MEJIA; WANG; DIA, 2010), melanoma (SHIDAL *et al.*, 2017) and lung (MCCONNELL *et*  
72 *al.*, 2015) cancer cells.

73 The major storage proteins from soybeans are the globulins glycinin and  $\beta$ -  
74 conglycinin, categorized by their sedimentation coefficients as 11S and 7S,  
75 respectively, accounting for 70-80% of the total seed proteins (WANG *et al.*, 2014).  
76 Although several studies describe antitumor activity from soy hydrolysates and peptide  
77 fractions of total protein (CHEN *et al.*, 2019; GONZÁLEZ-MONTOYA *et al.*, 2016;

78 RAYAPROLU *et al.*, 2013), just a few explored the antitumor activity of glycinin and  $\beta$ -  
79 conglycinin proteins and its peptides.

80 Glycinin and  $\beta$ -conglycinin proteins in their integral form were evaluated for  
81 their cytotoxicity against the colon cancer cell HCT-116 at 3  $\mu$ M, and glycinin showed  
82 more prominent cytotoxic activity than  $\beta$ -conglycinin (MONTALES *et al.*, 2015).  
83 However, when both were hydrolysed with pepsin/pancreatin and tested in leukemic  
84 cells (L1210) at concentrations of 0.3-8 mg/mL, the peptides generated by the  
85 hydrolysis of  $\beta$ -conglycinin were more cytotoxic than those generated by glycinin  
86 hydrolysis (WANG *et al.*, 2008).

87 Based on this previous body of highlights, we investigated the effect of glycinin  
88 and  $\beta$ -conglycinin hydrolysates by simulated gastrointestinal digestion  
89 (pepsin/pancreatin) on the proliferation of breast (MDA-MB-231), liver (Hep-G2) and  
90 prostate (DU-145) cancer cells, *in vitro*. The peptides generated by the hydrolysis of  $\beta$ -  
91 conglycinin were fractionated in different molecular sizes and were also tested in order  
92 to identify in which fraction the peptides responsible for the antiproliferative activity are  
93 present. At the best of our knowledge, this is the first report in which peptide fractions  
94 of the  $\beta$ -conglycinin hydrolysate were tested for their antiproliferative activity.

95

## 96 **2 MATERIAL AND METHODS**

### 97 **2.1 Preparation of defatted soybean flour**

98 The soybean seed (*Glycine max* L. Merr.) was obtained from a local supplier in the city  
99 of Salvador (State of Bahia, Brazil). Initially, the grains were selected and immersed in  
100 distilled water at 8 °C/12 h. Then, the cotyledon was separated from the epicarp  
101 manually, dehydrated in an oven with forced air circulation at 50 °C/12 h; then sprayed  
102 and sieved to 60 mesh. The whole soy flour was defatted using n-hexane in the

103 proportion of 1:8 (m/v), kept stirring for 4 hours at room temperature (25 °C) with  
104 repetition of the process in the proportion 1:6 (m/v) for another 4 hours after changing  
105 the solvent. Subsequently, filtration and drying were carried out in an oven with forced  
106 air circulation at 50 °C/10 h. The defatted flour was stored in a polyethylene container  
107 and kept refrigerated at 4 °C.

108

## 109 **2.2 Isolation and gel chromatography of the proteins**

110 The proteins glycinin (11S) and  $\beta$ -conglycinin (7S) were obtained according to  
111 procedures described by Nagano *et al.* (1992), with some adaptations and  
112 modifications (FERREIRA *et al.*, 2011). The isolated protein content was quantified by  
113 the Lowry, Rosebrough and Farr (1951) method using bovine serum albumin (Sigma  
114 Aldrich® St. Louis, MO, USA) as standard, by measuring absorbance in 750 nm.  
115 Aliquots of the isolated proteins (300 mg) were chromatographed on a Sepharose CL-  
116 6B column (1.0 x 100 cm), equilibrated with potassium phosphate buffer (10 mmol/L)  
117 containing NaCl (0.5 mol/L) and sodium azide (1 g/L). The elution profile was monitored  
118 by measuring absorbance in 280 nm. The peak corresponding to glycinin and  $\beta$ -  
119 conglycinin was collected, dialyzed and lyophilized for further analysis.

120

## 121 **2.3 Simulation of gastrointestinal digestion and ultrafiltration**

122 Samples of the  $\beta$ -conglycinin and glycinin proteins obtained by chromatography  
123 process were hydrolysed sequentially using pepsin (1:66 E/S) and pancreatin (1:25  
124 E/S) following the procedures described by Akeson and Stahmann (1964). Briefly, both  
125 isolated proteins (200 mg) were hydrolysed by pepsin (enzyme/substrate ratio 1:66,  
126 37 °C for 3 h, pH=2); the pH was neutralized, and then the hydrolysed proteins were  
127 further treated with pancreatin (enzyme/substrate ratio 1:25, 37 °C for 3 h, pH=7). The

128 hydrolysate obtained from soybean  $\beta$ -conglucinin were fractionated through Microcon®  
129 Centrifugal Filters (Merck Millipore, Germany) ultrafiltration membrane filters in  
130 peptides 30-10 kDa, 10-3 kDa and < 3 kDa.

131

#### 132 **2.4 Cell proliferation inhibition assay with dose response**

133 The cytotoxicity tests of hydrolysates and peptide fractions was performed on human  
134 mammary adenocarcinoma (MDA-MB-231 – ATCC HTB-26), human hepatocellular  
135 carcinoma (Hep-G2 – ATCC HB-8065), prostate carcinoma (DU-145 – ATCC HTB-81)  
136 as well as normal human umbilical cord epithelial cell (HUVEC). The antiproliferative  
137 activity was quantified using the Alamar Blue assay, according to the method reported  
138 by Page, Page and Noel (1993). The cells were inserted into 96-well plates for all  
139 experiments ( $1.5 \times 10^4$  cells/well). After 24 h, the hydrolysates and peptide fractions  
140 were dissolved in Milli-Q water, added to each well and incubated at 37 °C in an  
141 atmosphere of 5% CO<sub>2</sub> for 24 hours. Complex dilutions were prepared to obtain  
142 concentrations ranging from 200 to 12.5  $\mu$ g/mL. Methyl methanesulfonate at 300  $\mu$ M  
143 was used as the reference cytotoxic drug (positive control). Mili-Q water (0.1% (v/v))  
144 was used to control the vehicle. After 24 h of incubation, 50  $\mu$ L of Alamar Blue (0.01%  
145 w/v resazurin) was added to each well, and the plates were incubated for 1 h at 37 °C  
146 in the dark. The fluorescence reading was performed on a CaryEclipse fluorescence  
147 spectrophotometer (Agilent Technologies, Santa Clara, CA, USA), using excitation and  
148 emission filters at wavelengths of 530 and 590 nm, respectively. The cytotoxicity of  
149 each treatment was expressed by the percentage of cell viability, calculated in relation  
150 to the negative control. The cell viability (%) was expressed as half of the maximum  
151 inhibitory concentration (50%) (IC<sub>50</sub>).

## 152 **2.5 Statistical analysis**

153 The results were evaluated through one-way analysis of variance (ANOVA) and  
154 Tukey's test for multiple comparison, using the software of SigmaStat version 3.5  
155 (Systat software, California, USA). Statistically significance was shown at  $p \leq 0.05$ . All  
156 experiments were performed in triplicates.

157

## 158 **3 RESULTS AND DISCUSSION**

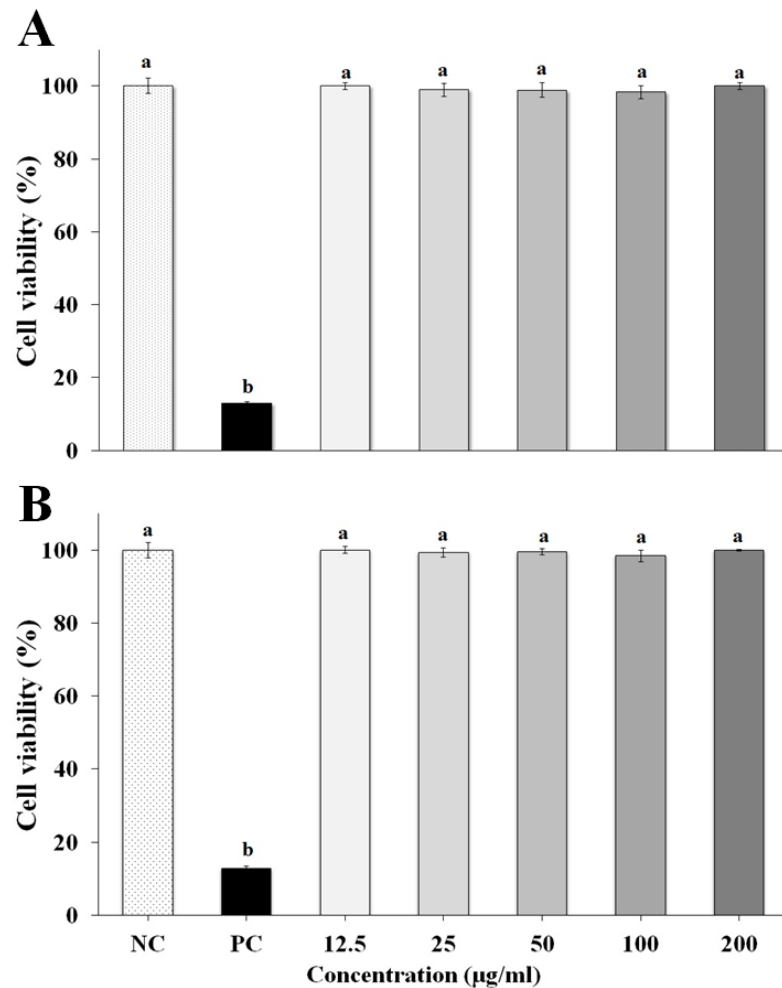
### 159 **3.1 Effect of the glycinin and $\beta$ -conglycinin total hydrolysates on cell lines**

160 Cancer therapy aims to control proliferation of tumor cells without causing  
161 damage to healthy tissues. There are reports in the literature that protein hydrolysates  
162 from seeds do not show cytotoxicity in non-cancerous cells (CARRILLO *et al.*, 2017;  
163 LI *et al.*, 2019). However, Mora-Escobedo *et al.* (2009) reported that soy total protein  
164 hydrolysate in concentrations greater than 10 mg/mL were able to inhibit the viability  
165 of the HaCaT cells (from a non-cancerous human keratinocytes cell line), which is a  
166 much higher concentration than those used in the present study (12.5-200  $\mu\text{g/mL}$ ).

167 Nonetheless, both hydrolysates from glycinin and  $\beta$ -conglycinin proteins were  
168 screened through a cytotoxicity assay against the non-cancer human umbilical vein  
169 endothelial cells (HUVEC). None of the evaluated hydrolysates presented inhibitory  
170 effects on the cell growth of the HUVEC cells as shown in **Figure 1**. There was not a  
171 statistically significant difference between the cell viability of glycinin and  $\beta$ -conglycinin  
172 hydrolysates at any concentration evaluated and the negative control ( $p > 0.05$ ).  
173 Glycinin and  $\beta$ -conglycinin hydrolysates were not cytotoxic to HUVEC cells in the  
174 concentrations evaluated, especially when compared to the positive control.

175



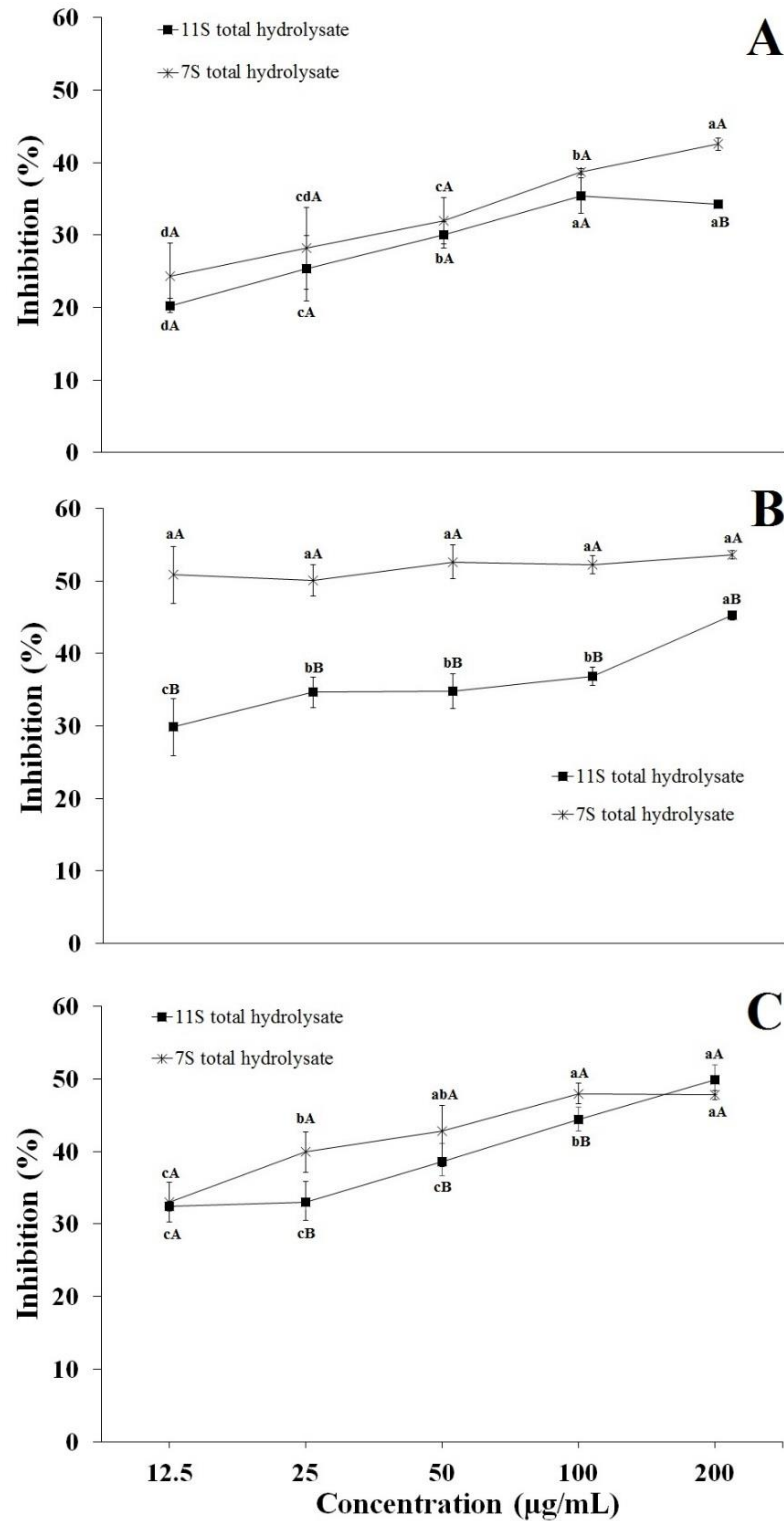


176

177 **Figure 1** – HUVEC cell line growth treated with the glycinin (A) and  $\beta$ -conglycinin (B)  
 178 protein hydrolysates. *Mean  $\pm$  standard deviation (n=3) not connected with the same*  
 179 *letters are significantly different (p value  $\leq$  0.05 by Tukey's multiple-range test). NC:*  
 180 *negative control treated with culture media only. PC: positive control treated with 300*  
 181  *$\mu$ M methyl methanesulfonate.*

182

183 The inhibitory activity of glycinin (11S) and  $\beta$ -conglycinin (7S) protein  
 184 hydrolysates against MDA-MB-231 cancer cells are shown in **Figure 2A**. Both protein  
 185 hydrolysates and the negative control (culture media only) had a statistical difference  
 186 (p < 0.001) with the positive control (methyl methanesulfonate 300  $\mu$ M), which inhibited  
 187 92.3% of the MDA-MB-231 cells (**Table 1**).



188

189 **Figure 2** – Antiproliferative effect of glycinin (11S) and  $\beta$ -conglycinin (7S) protein  
 190 hydrolysates against MDA-MB-231 (A), Hep-G2 (B) and DU-145 (C) cancer cells.  
 191 *Mean  $\pm$  standard deviation (n=3) with lower case letters indicate difference between*

192 concentrations of the same fraction and capital letters indicate difference between  
193 fractions at the same concentration ( $p$  value  $\leq 0.05$  by Tukey's multiple-range test).

194

195 The antiproliferative activity of the 7S hydrolysate was more prominent in  
196 comparison with the 11S hydrolysate at all concentrations, inhibiting 42.5% and 34.23%  
197 of MDA-MB-231 cells at 200  $\mu\text{g}/\text{mL}$ , respectively. However, there was no statistical  
198 difference between the two treatments ( $p > 0.05$ ) in concentrations up to 100  $\mu\text{g}/\text{mL}$ . It  
199 has been described that at concentrations of 3  $\text{mg}/\text{mL}$  and superior, 7S hydrolysate  
200 shows significantly higher cytotoxicity than 11S hydrolysate in L1210 leukemia cells  
201 (WANG *et al.*, 2008).

202 The inhibitory activity (%) of soybean protein hydrolysates against Hep-G2  
203 cancer cells are illustrated in Figure 2B. Both protein hydrolysates and the negative  
204 control had a statistical difference ( $p < 0.001$ ) with the positive control, which inhibited  
205 96.8% of Hep-G2 cells (**Table 1**). In Hep-G2 cells, the 7S hydrolysate presented  
206 stronger ( $p < 0.05$ ) antiproliferative activity compared to the 11S hydrolysate at all  
207 concentrations, corroborating with the findings by Wang *et al.* (2008), that also found  
208 that 7S hydrolysates from soybean were more cytotoxic than 11S hydrolysate in  
209 leukemia cells (L1210) in concentrations higher than 3  $\text{mg}/\text{mL}$ . Differences in the  
210 cytotoxicity might be explained partially by different amino acid composition – since 7S  
211 soybean protein contains more acidic, basic and aromatic amino acids while 11S  
212 soybean protein contains more sulfur amino acids (MAHMOUD *et al.*, 2006). It also  
213 seems to depend on the tumor cell tested, considering that in the present study no  
214 statistical difference ( $p > 0.05$ ) was observed between 7S and 11S hydrolysates in  
215 breast cancer cells in concentrations up to 100  $\mu\text{g}/\text{mL}$ .

216 The inhibitory activity (%) of soybean proteins hydrolysate against DU-145  
217 cancer cells are shown in Figure 2C. All protein hydrolysates and the negative control  
218 had a statistical difference ( $p < 0.001$ ) with the positive control, which inhibited 95.9%  
219 of the DU-145 cells (**Table 1**). There was statistical difference ( $p < 0.05$ ) in the effects  
220 observed to 7S and 11S hydrolysates treatments on the DU-145 cancer cells  
221 proliferation at 25, 50 and 100  $\mu\text{g/mL}$ , in which the 7S hydrolysate presented stronger  
222 inhibitory activity.

223 Some legume hydrolysates have been tested against any cancer cell lines, *in*  
224 *vivo*. Chickpea albumin hydrolysate with flavorzyme were evaluated in mice with H-22  
225 cells (liver carcinoma cell line). It was observed that the tumor volume of the mice  
226 treated with the hydrolysate was significantly less ( $p < 0.05$ ) than control group.  
227 Furthermore, few scattered tumor cells were seen in the liver sections of the animals  
228 treated at a dose of 100 mg/kg (XUE *et al.*, 2012). Total protein of mung beans  
229 hydrolysed with papain were also tested on the same cell line (H22). 5-Fluorouracil  
230 (positive control) caused liver and kidney damage by exerting its therapeutic effect,  
231 while MPH significantly decreased liver impairment caused by tumors in mice ( $p <$   
232  $0.05$ ). *In vitro*, the maximum rate of Hep-G2 cell inhibition of 92.01% was reached at  
233 16 mg/mL MPH after 72 h of co-culture. The apoptotic rate increased with increasing  
234 dose of MPH, as well as blocked the cell cycle in phase S at a low dose and in phase  
235 G0/1 at a high dose (8 mg/mL). The fraction of peptides that showed the highest activity  
236 (86.35% inhibition) was evaluated for the sequence of its peptides, and four small  
237 peptides were identified: VEG, PQG, LAF and EGA (LI *et al.*, 2019).

238 Further studies are needed in order to evaluate the mechanism of action of  
239 hydrolysates as well as identify which individual peptides are responsible for its activity.  
240 In the present study, the results showed a more promising effect in peptides generated

241 by 7S hydrolysate, although in some cell lines no statistical differences were observed.  
242 Therefore, the 7S hydrolysate was fractionated in peptides 30-10 kDa, 10-3 kDa and  
243 < 3 kDa and tested against MDA-MB-231, Hep-G2 and DU-145 cancer cells.

244

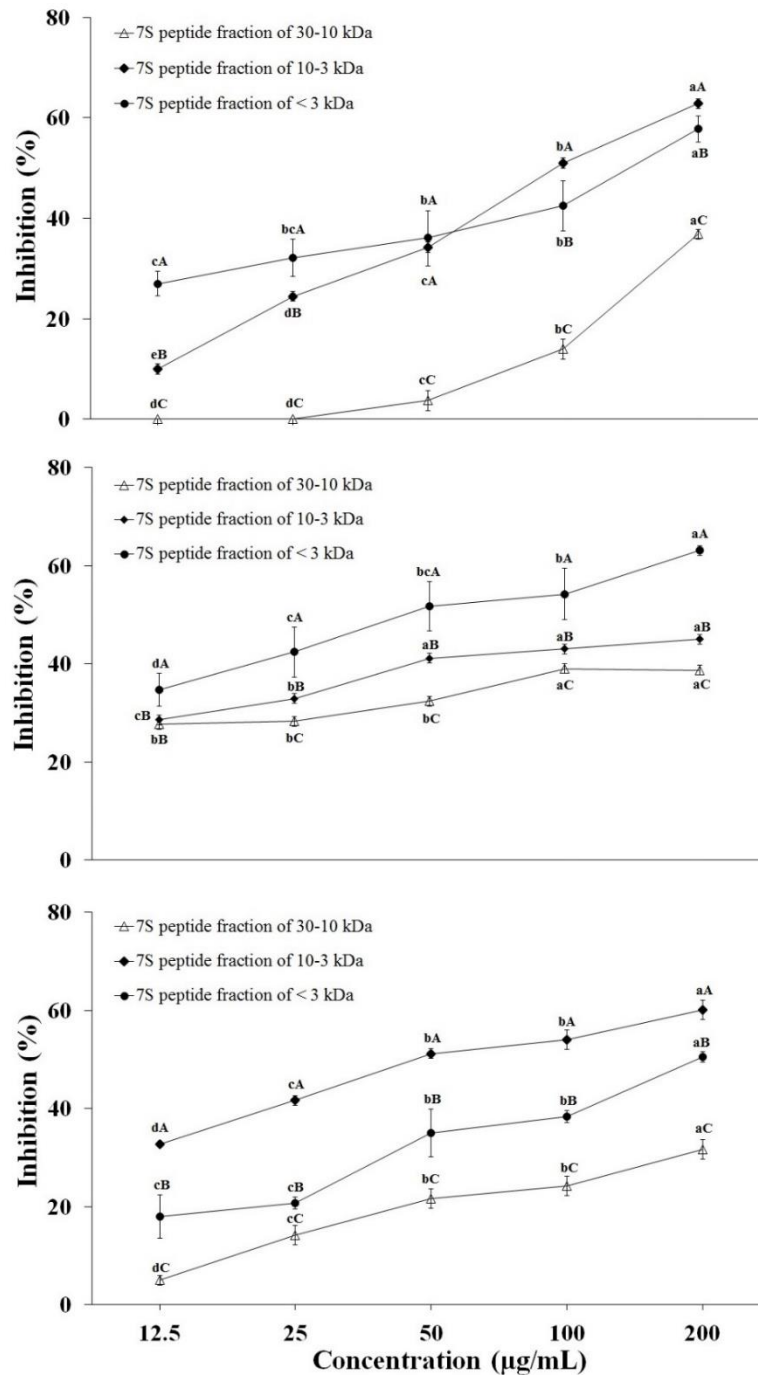
### 245 **3.2 Effect of $\beta$ -conglycinin peptide fractions on cancer cell lines**

246 The inhibitory activity (%) of soybean peptide fractions against breast cancer  
247 cells are shown in **Figure 3A**. The highest inhibitory effect in the present study was  
248 found in the 7S 10-3 kDa peptide fraction at the maximum concentration evaluated  
249 (200  $\mu\text{g/mL}$ ), inhibiting 62.8% of breast cancer cells, which had statistical difference ( $p$   
250 < 0.05) from the 7S < 3 kDa peptide fraction at the same concentration (57.8%  
251 inhibition). The minimum concentration to cause 50% inhibitory activity ( $\text{IC}_{50}$ ) for the  
252 10-3 kDa and < 3 kDa fractions was found to be 7.4  $\mu\text{g/mL}$  and 8.6  $\mu\text{g/mL}$ , respectively,  
253 which is lower compared to other studies that evaluated cytotoxicity of peptide fractions  
254 from total protein hydrolysate from soybean. Chen *et al.* (2019) showed that the peptide  
255 fraction < 4 kDa of the total soy protein hydrolysate with alcalase inhibited MCF-7  
256 breast cancer cells with an  $\text{IC}_{50}$  of 276  $\mu\text{g/mL}$ . Rayaprolu *et al.* (2017) showed that the  
257 10-5 kDa peptide fraction of the total soy protein hydrolysate with  
258 pepsin/pancreatin/alcalase inhibited the MCF-7 cells with an  $\text{IC}_{50}$  of 654  $\mu\text{g/mL}$ .

259 The current results are similar to those showing that shorter peptides from  
260 protein hydrolysates usually exert greater anticancer activity than larger peptides.  
261 Chen *et al.* (2019) reported that peptide fraction < 4 kDa from black soybean showed  
262 significant ( $p < 0.05$ ) antiproliferative effect on breast cancer cell (MCF-7) compared to  
263 other high molecular weight peptides (4-6 kDa and > 6 kDa fractions). Zhang and Mu  
264 (2018) as well revealed that peptides < 3 kDa from sweet potato protein hydrolysate

265 showed the strongest antiproliferative activity ( $p < 0.05$ ) compared to 3-5 kDa, 5-10  
 266 kDa and  $> 10$  kDa fractions against colon cancer cells (HT-29).

267



268

269 **Figure 3** – Antiproliferative effect of peptide fractions from soybean  $\beta$ -conglycinin (7S)  
 270 against MDA-MB-231 (A), Hep-G2 (B) and DU-145 (C) cancer cells. *Mean  $\pm$  standard*  
 271 *deviation (n=3) with lower case letters indicate difference between concentrations of*

272 *the same fraction and capital letters indicate difference between fractions at the same*  
273 *concentration ( $p$  value  $\leq 0.05$  by Tukey's multiple-range test).*

274

275           Nevertheless, other studies report that peptide fractions with higher molecular  
276 weight may exert important cytotoxicity against some cancer cell lines. Peptides  
277 between 5-10 kDa derived from soybean total protein isolate, due to the sequential  
278 enzymatic action of alcalase/pepsin/pancreatin, showed a significantly high activity  
279 among all fractions (50-10 kDa and < 5 kDa) with 63% inhibition of breast cancer cells  
280 MCF-7 at 800  $\mu\text{g}/\text{mL}$  (RAYAPROLU *et al.*, 2017). González-Montoya *et al.* (2016)  
281 found that the > 10 kDa peptide fraction and the total protein hydrolysed with  
282 pepsin/pancreatin from soybean germinated for 6 days showed greater cytotoxicity and  
283 antioxidant activity compared with 10-5 kDa and < 5 kDa fractions, even suggesting a  
284 close relationship between both activities. These reports were not in agreement with  
285 the present findings regarding peptides from 7S hydrolysate. Larger peptides (30-10  
286 kDa) showed the lowest inhibitory activity compared to the other treatments, inhibiting  
287 36.8% of the cells at 200  $\mu\text{g}/\text{mL}$  without showing any activity at lower concentrations  
288 (25 and 12.5  $\mu\text{g}/\text{mL}$ ).

289           Since 10-3 kDa and < 3 kDa fractions presented antiproliferative activity  
290 superior to 7S hydrolysate, it is possible that shorter peptides are the ones responsible  
291 for this biological effect of 7S hydrolysate. Even though they had important inhibitory  
292 effect when tested isolated, when together in the total hydrolysate the antiproliferative  
293 activity was less prominent. These results suggest that bioactive peptides with  
294 appreciable inhibitory effect on MDA-MB-231 cells might be present in the 7S 10-3 kDa  
295 and < 3 kDa peptide fractions from 7S hydrolysate.

296 All the 7S peptide fractions presented inhibitory effects on cell growth in liver  
297 cancer cells (**Figure 3B**). The highest inhibitory effect was found in the < 3 kDa peptide  
298 fraction at the 200 µg/mL concentration evaluated, inhibiting 63.1% of liver cancer  
299 cells, which had statistical difference ( $p < 0.05$ ) compared to all the other treatments at  
300 any concentration evaluated. It has been described that short peptides from soybean  
301 total protein hydrolysed by trypsin can inhibit the growth of Hep-G2 cells. QRPR and  
302 HCQRPQ peptides individually, and combined had an antiproliferative effect of at least  
303 18%, 39% and 60%, respectively, on liver cancer cells Hep-G2 at 1000 µM. The  
304 combination of QRPR and HCQRPQ peptides significantly promoted cell apoptosis,  
305 increased the number of cells in phase G1 by 52.44% at 800 µM, caspase-3 and  
306 caspase-8 mRNA expression in 4.7-fold and 4-fold compared to the control group at  
307 800 µM (72h), respectively. The study showed that mixed soybean peptides had a  
308 higher inhibitory effect on Hep-G2 cells than each peptide alone (PAN *et al.*, 2018).

309 Again, larger peptides (30-10 kDa) showed weaker inhibitory activity compared  
310 to the others peptide fractions (10–3 kDa and < 3 kDa), inhibiting 27.7% at the  
311 maximum concentration (200 µg/mL). Peptides of intermediate size (10–3 kDa) did not  
312 show antiproliferative activity as intense as the smaller peptides (< 3 kDa). The < 3  
313 kDa fraction was the only one with higher inhibitory effect than the 7S hydrolysate (at  
314 200 µg/mL). Therefore, it is possible to say that < 3 kDa peptides are the ones  
315 responsible for this biological activity of 7S hydrolysate. These results suggest that  
316 bioactive peptides with appreciable inhibitory effect on Hep-G2 cells might be present  
317 in the 7S < 3 kDa peptide fraction.

318 In the present study, the antiproliferative effect on DU-145 cell line exerted by  
319 7S peptide fractions is presented in **Fig. 3C**. The highest inhibitory effect was in the 7S  
320 10-3 kDa peptide fraction at the 200 µg/mL concentration that inhibited 60.1% of



321 prostate cancer cells, which had statistical difference ( $p < 0.05$ ) from the 7S < 3 kDa  
322 peptide fraction at the same concentration. These results suggest that bioactive  
323 peptides with the appreciable inhibitory effect on DU-145 cells might be present in the  
324 7S 10-3 kDa peptides.

325 Rayaprolu *et al.* (2017) described similar findings on prostate cancer cell PC-  
326 3, in which the 5–10 kDa fraction from the S03-543CR soybean line from hydrolysis of  
327 total soybean protein with alcalase/pepsin/pancreatin showed the highest reduction on  
328 cell counts (63%) compared to 50–10 kDa (approximately 15%) and < 5 kDa fractions  
329 (approximately 20%) at 800  $\mu\text{g}/\text{mL}$ . González-Montoya *et al.* (2018) found that 5–10  
330 kDa peptides showed greater potency ( $\text{IC}_{50}=11.7 \text{ mg}/\text{mL}$ ) to inhibit colon cancer cells  
331 (Caco-2) proliferation compared to > 10 kDa ( $\text{IC}_{50}=13.2 \text{ mg}/\text{mL}$ ) and < 5 kDa peptides  
332 ( $\text{IC}_{50} > 15 \text{ mg}/\text{mL}$ ) in concentrations ranging from 2–15  $\text{mg}/\text{mL}$ . In our study, once again  
333 30–10 kDa peptide fraction was the one with the weakest antiproliferative activity,  
334 inhibiting 31.6% of cells at the maximum concentration (200  $\mu\text{g}/\text{mL}$ ).

335 Researchers have explored the antiproliferative activity from proteins,  
336 hydrolysates and peptides against prostate cancer cells. Glutelin proteins from walnuts  
337 inhibited PC-3 prostate cancer cells in a dose-dependent manner with  $\text{IC}_{50}$  value of  
338 43.9  $\mu\text{g}/\text{mL}$ , although globulins were not effective to inhibit the growth against any  
339 cancer cell tested (CARRILLO *et al.*, 2017). Peptides from soybean total protein  
340 hydrolysed with trypsin was cytotoxic to PC-3 cells as well, with  $\text{IC}_{50}$  of 3.0  $\text{mg}/\text{mL}$   
341 (KUERBAN *et al.*, 2017). The peptide ILYMP, isolated from the protein hydrolysate of  
342 *Cyclina sinen* (a bivalve mollusk) exhibited cytotoxicity against DU-145 cells in a dose-  
343 dependent manner, with an inhibition rate of 84.1% at 22.5 mM at the 72 h time interval  
344 ( $\text{IC}_{50}$  of 11.2 mM). It also enhanced the expression of cleaved caspase-3 and caspase-  
345 9 and suppressed B-cell lymphoma 2 expression (YU *et al.*, 2018).

346 Further studies are needed to explore the antiproliferative activity of peptides  
347 in prostate cancer cells, especially those derived from legumes.

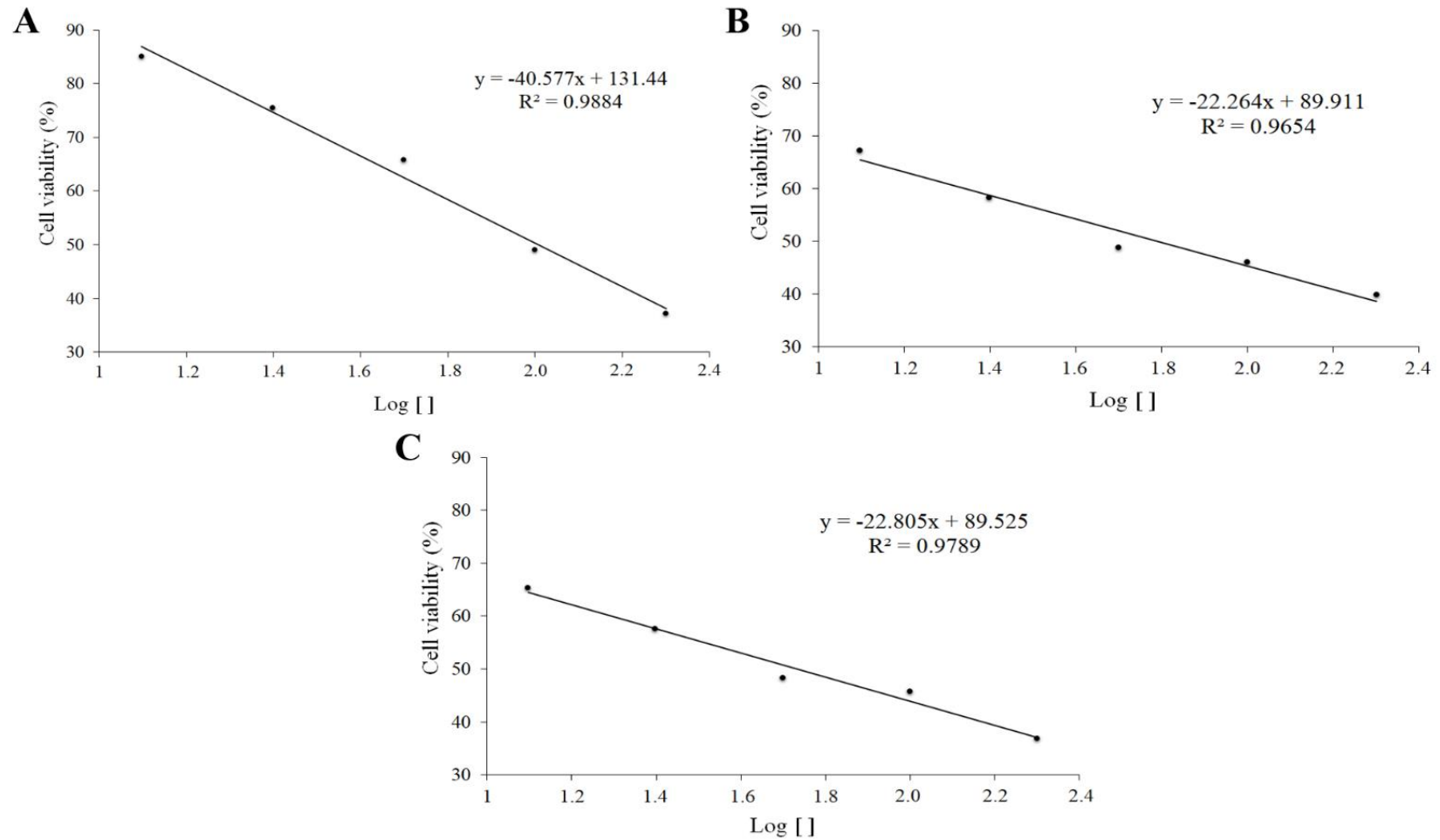
348 The overall results from the study show that intermediate (10–3 kDa) and  
349 smaller (< 3 kDa) peptides from  $\beta$ -conglycinin hydrolysate had better inhibitory activity  
350 against breast, liver and prostate cancer cells (**Figure 3**). 7S 10–3 kDa peptide fraction  
351 treatment presented higher antiproliferative activity in concentrations above 100  $\mu\text{g}/\text{mL}$   
352 against MDA-MB-231 cells and in all concentrations for DU-145 cells. For Hep-G2  
353 cells, however, the 7S < 3 kDa fraction showed better activity in all concentrations  
354 evaluated.

355 The antiproliferative effect of the  $\beta$ -conglycinin peptides fractions were  
356 assessed *in vitro* by determining the percentage inhibition of growth of the cell lines,  
357 which is recognized as a mechanism for finding new antitumoral agents. The results  
358 of the inhibition assays are shown in **Table 1**. The peptide fractions exerted a dose-  
359 dependent inhibitory effect on cancer cells line *in vitro*, with a 50% inhibitory  
360 concentration ( $\text{IC}_{50}$ ) of 5.47  $\mu\text{g}/\text{mL}$ , 7.4  $\mu\text{g}/\text{mL}$  and 6.0  $\mu\text{g}/\text{mL}$ , to < 3 kDa fraction on  
361 Hep-G2, and 10-3 kDa fraction on MDA-MB-231 and DU-145, respectively (**Figure 4**).  
362 It was observed a dose-response correlation in breast ( $R^2 = 0.9884$ ) and prostate ( $R^2$   
363 = 0.9654) cells when subjected to peptides 10-3 kDa. And for liver ( $R^2 = 0.9789$ ) cancer  
364 line when subjected to peptides < 3 kDa. Dose-response correlation from soybean  
365 peptides has been described but usually in higher concentrations than those used in  
366 this study. Rayaprolu *et al.* (2013) identified a dose-response effect in 10–50 kDa  
367 peptide fraction of N98-4445A soy line on HCT-116 colon cancer cell line in  
368 concentrations from 100–1000  $\mu\text{g}/\text{mL}$ . Chen *et al.* (2017) showed a dose-response  
369 effect especially in the range of 200–600  $\mu\text{g}/\text{mL}$  of isolated proteins from soybean,  
370 black soybean, adzuki bean and mung bean in ovarian (SKOV3) and liver (SMMC-  
371 7721) cancer cells.

372 **Table 1** – Inhibition of cancer cell lines growth treated with the  $\beta$ -conglycinin peptide fractions.

Peptide fraction/cell lines	[ ] of inhibitor ( $\mu\text{g/mL}$ )	MDA-MB-231		Hep-G2		DU-145	
		Inhibition (%)	IC <sub>50</sub> ( $\mu\text{g/mL}$ )	Inhibition (%)	IC <sub>50</sub> ( $\mu\text{g/mL}$ )	Inhibition (%)	IC <sub>50</sub> ( $\mu\text{g/mL}$ )
Control	-	0.0	-	0.0	-	0.0	-
methyl methanesulfonate	300 $\mu\text{M}$	92.3	-	96.8	-	95.9	-
30-10 kDa	12.5–200	0–34.4	20.9	27.7–38.7	25.5	8.0–31.6	28.1
10-3 kDa	12.5–200	15.0–62.8	7.4	28.6–45.3	10.4	32.7–60.1	6.0
< 3 kDa	12.5–200	27.0–57.7	8.6	34.7–63.1	5.7	18.0–50.5	10.3

373



374

375 **Figure 4** – Concentration-response effect of 10-3 kDa fraction on MDA-MB-231 (A) and DU-145 (B), and < 3 kDa fraction on Hep-G2376 (C) from  $\beta$ -conglycinin hydrolysate ( $n = 3$ ).

#### 377 **4 CONCLUSION**

378 In the presente study,  $\beta$ -conglycinin peptide fractions prepared by pepsin/pancreatin  
379 hydrolysis showed certain inhibition effect on the proliferation of MDA-MB-231, Hep-  
380 G2 and DU-145 cells, without affecting the growth of normal cells (HUVEC).  $\beta$ -  
381 conglycinin hydrolysate exhibited the highest antiproliferation activity (between 24 to  
382 54%) to MDA-MB-231 (breast), Hep-G2 (hepatocellular), DU-145 (prostate) tumor cell  
383 lines, from which peptide 10-3 kDa fraction showed the strongest antiproliferative effect  
384 on MDA-MB-231 (between 15 to 63%,  $IC_{50}$  7.4  $\mu$ g/mL) and DU-145 (between 33 to  
385 60%,  $IC_{50}$  6.0  $\mu$ g/mL), whereas the < 3 kDa fraction showed better effect against Hep-  
386 G2 (between 35 to 63%,  $IC_{50}$  5.7  $\mu$ g/mL) cells. In additional, the antiproliferative activity  
387 observed was in a dose-response manner. Future studies should focus especially to  
388 identify peptides responsible for its antiproliferative activity. Some of these issues are  
389 currently being explored in our laboratory.

390

#### 391 **ACKNOWLEDGMENTS**

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395 Development and Technological (CNPq, n<sup>o</sup> 426235/2016-9).

396

#### 397 **STATEMENT OF CONFLICT OF INTEREST**

398 All the authors declare no conflict of interest about the described research, the  
399 publication of the result and financial issues.

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## Capítulo II

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*Manuscrito: Cowpea  $\beta$ -vignin (7S globulin) hydrolysates and peptide fractions inhibit human breast and liver cancer cell proliferation, in vitro*

1           **Cowpea  $\beta$ -vignin (7S globulin) hydrolysates and peptide fractions inhibit**  
2                   **human breast and liver cancer cell proliferation, *in vitro***

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4  
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29 **ABSTRACT**

30 Several studies indicate that legume protein hydrolysates are good sources for  
31 obtaining antitumor peptides, but not many have sought to investigate the biological  
32 activity of peptides derived from bean vicilins with antiproliferative activity in cancer  
33 cells. Hence, the purpose of this work was to investigate the possible antiproliferative  
34 effect of  $\beta$ -vignin hydrolysates and peptide fractions from cowpea bean.  $\beta$ -vignin was  
35 isolated, purified by size exclusion chromatographic process and hydrolysed using  
36 different enzymatic systems: (i) pepsin; (ii) trypsin; (iii) pepsin/pancreatin and (iv)  
37 alcalase/pepsin. The trypsin hydrolysate ( $IC_{50}=3.02 \mu\text{g/mL}$ ) exhibited the highest  
38 antiproliferation activity (90.73%) at 200  $\mu\text{g/mL}$  in breast cancer cells, which had no  
39 statistical difference from the other hydrolysates at the same concentration. And the  
40 pepsin hydrolysate ( $IC_{50}=3.71 \mu\text{g/mL}$ ) exhibited the stronger antiproliferation activity  
41 (94.55%) at 200  $\mu\text{g/mL}$ , and again had no statistical difference from the other  
42 hydrolysates at the same concentration. Taking into account results from studies that  
43 used gastrointestinal simulation to generate peptides with anticancer properties, we  
44 decided to investigate the cytotoxic effect of peptide fractions from pepsin/pancreatin  
45 hydrolysate. The 10-3 kDa peptide fraction (60.45-67.68%,  $IC_{50}=0.62 \mu\text{g/mL}$ )  
46 presented better effect against breast cancer cells, while 30-10 kDa peptide fraction  
47 (23.73-48.44%,  $IC_{50}=10.63 \mu\text{g/mL}$ ) had the best inhibitory effect on Hep-G2 cells.  
48 Further work is needed to characterize these anticancer peptides, which has been  
49 currently explored by our research group.

50

51 **Keywords:** *Vigna unguiculata*; pepsin/pancreatin enzymes; bioactive peptides;  
52 antiproliferative activity; tumor cell lines.

## 53 1 INTRODUCTION

54 Globally, the odds of developing cancer during a lifetime (ages 0-79 years) is  
55 1 in 3 for men and 1 in 4 for women (FITZMAURICE *et al.*, 2019). This disease was  
56 responsible for about 9.9 million deaths worldwide in 2020 (FERLAY *et al.*, 2020) and  
57 has been characterised by mutations of somatic genes that alters the cellular function  
58 (MARQUS; PIROGOVA; PIVA, 2017). Inhibition of deregulated cell proliferation is a  
59 common strategy for treating malignant tumors and among the different options in  
60 cancer therapy; chemotherapy is still the most common method. However, it causes  
61 several side effects since it also affects healthy tissues (BUKOWSKI; KCIUK;  
62 KONTEK, 2020). Therefore, new antineoplastic agents are sought from natural  
63 sources, such as food peptides, described to have better selectivity and, consequently,  
64 less side effects (HERNÁNDEZ-LEDESMA; HSIEH, 2017).

65 Several studies indicate that legume protein hydrolysates are good sources for  
66 obtaining bioactive peptides that exhibit therapeutic potential for several pathologies  
67 (BECERRA-TOMÁS *et al.*, 2018; SILVA *et al.*, 2018; JAKUBCZYK *et al.*, 2017),  
68 including cancer (DIA; DE MEJIA, 2013; LUNA-VITAL; DE MEJÍA; LOARCA-PIÑA,  
69 2016; GUPTA; SRIVASTAVA; BHAGYAWANT, 2018). Among legumes, soybean  
70 proteins (*Glycine max*) have been considerably studied for the presence of antitumor  
71 peptides derived from their hydrolysis (PAN *et al.*, 2018). Soybean lunasin, a peptide  
72 of 43 amino acid residues originally isolated from the 2S albumin, has been shown to  
73 exert remarkable anti-tumor and anti-inflammatory activity (HSIEH *et al.*, 2018), as well  
74 as protective activity against oxidative stress (FERNÁNDEZ-TOMÉ *et al.*, 2014).

75 Proteins and peptides from other legumes such as chickpeas (XUE *et al.*,  
76 2015) and from various bean species, such as common bean (LUNA-VITAL; DE  
77 MEJÍA; LOARCA-PIÑA, 2016), mungbean (GUPTA; SRIVASTAVA; BHAGYAWANT,

78 2018), ayocote bean (TENIENTE-MARTÍNEZ *et al.*, 2019) and cowpea bean  
79 (THUMBRAIN *et al.*, 2020) have also shown to exert anti-tumor activity.

80 Previous studies with the total protein extract and  $\beta$ -vignin from cowpea beans  
81 have been performed to investigate its biological activity. Recently, the Gln-Asp-Phe  
82 peptide, derived from the cowpea  $\beta$ -vignin protein, has shown to exert remarkable  
83 hypocholesterolemic activity, inhibiting the enzyme HMG-CoA reductase, a key  
84 enzyme in the production of endogenous cholesterol (SILVA *et al.*, 2018).  
85 Nevertheless, no study has been conducted so far on cowpea  $\beta$ -vignin hydrolysates  
86 and peptide fractions with antiproliferative activity in tumor cells. In the present study,  
87 we showed the antiproliferative effect exerted by hydrolysates and peptide fractions  
88 obtained from cowpea  $\beta$ -vignin, against breast (MDA-MB-231) and liver (Hep-G2)  
89 cancer cell, *in vitro*.

90

## 91 **2 MATERIAL AND METHODS**

### 92 **2.1 Material**

93 The seed of cowpea (*Vigna unguiculata* L.) was obtained from the Northeast region of  
94 the State of Bahia, kindly provided by the Bahiana Agricultural Development Company.  
95 The grains were selected and immersed in distilled water at 8 °C/12 h. Then, the  
96 cotyledon was separated from the epicarp manually, dehydrated in an oven with forced  
97 air circulation at 50 °C/10 h; then sprayed and sieved to 60 mesh.

98

### 99 **2.2 Isolation and chromatography procedure**

100 The  $\beta$ -vignin protein were obtained according to previously established separation and  
101 isolation procedures (FERREIRA *et al.*, 2015). The cowpea flour was homogenized in  
102 NaCl 0.1 mol/L (1:20 m/v), pH 7.5. Then, the material was centrifuged. The supernatant

103 was diluted, homogenized, pH adjusted to 5.0 and left overnight. Subsequently, it was  
104 centrifuged and the precipitate was solubilized in water (1:20 m/v), homogenized, pH  
105 adjusted to 7.0, kept under stirring for 10 minutes. Soon after, the material was  
106 centrifuged. The precipitate was solubilized in NaCl 0.1 mol/L (1:20 m/v), pH 7.5,  
107 homogenized, kept under stirring for 20 minutes and centrifuged. The supernatant was  
108 diluted (1x), homogenized, pH adjusted to 5.0 and left to stand overnight.  
109 Subsequently, it was centrifuged and the precipitate ( $\beta$ -vignin) was solubilized in  
110 potassium phosphate buffer (10 mmol/L). Samples of the isolated  $\beta$ -vignin were  
111 purified by size exclusion chromatography through Sepharose CL-6B column (1.0 x  
112 100 cm), equilibrated with potassium phosphate buffer (10 mmol/L) containing NaCl  
113 (0.5 mol/L) and sodium azide (1 g/L). The elution profile were monitored by measuring  
114 the absorbance at 280 nm. The peak corresponding to the  $\beta$ -vignin were collected,  
115 dialysed and lyophilized. The protein was quantified by the method of Lowry,  
116 Rosebrough and Farr (1951), using bovine serum albumin as a standard, through the  
117 measurement of absorbance at 750 nm.

118

### 119 **2.3 Sodium Dodecyl Sulfate–Polyacrylamide Gel Electrophoresis (SDS-PAGE)**

120 The total protein isolate, total globulin,  $\beta$ -vignin isolated and  $\beta$ -vignin obtained by  
121 exclusion chromatography were analyzed by SDS-PAGE according to the method  
122 described by Laemmli (1970) in polyacrylamide gel (12 g/100 g) with sodium dodecyl  
123 sulfate (0.1 g/100 g). The pepsin/pancreatin hydrolysate and its peptide fractions were  
124 analyzed according to the same method methodology in polyacrylamide gel (20 g/100  
125 g). The gels were stained in a Coomassie brilliant blue solution (R-250), bleached with  
126 methanol/acetic acid/water (1:1:8 v/v/v). The images were digitized and analyzed  
127 using the AlphaEase software (Alpha Innotech<sup>®</sup>, San Leandro, USA).

## 128 **2.4 Simulation of gastrointestinal digestion and hydrolysate fractionation**

129 The  $\beta$ -vignin protein obtained by chromatographic process were hydrolysed using (a)  
130 pepsin (1:66 E/S); (b) trypsin (1:10 E/S), (c) pepsin (1:66 E/S)/pancreatin (1:25 E/S)  
131 and (d) alcalase (1:10 E/S)/pepsin (1:66 E/S) following the procedures described by  
132 Akeson and Stahmann (1964). The pepsin/pancreatin hydrolysate obtained from  
133 cowpea  $\beta$ -vignin were fractionated through Microcon® Centrifugal Filters ultrafiltration  
134 membrane filters (Merck Millipore, Germany) in peptides 30-10 kDa, 10-3 kDa and < 3  
135 kDa.

136

## 137 **2.5 Cytotoxicity assay**

138 The cytotoxicity tests of hydrolysates and peptide fractions was performed on human  
139 mammary adenocarcinoma (MDA-MB-231 – ATCC HTB-26), human hepatocellular  
140 carcinoma (Hep-G2 – ATCC HB-8065), prostate carcinoma (DU-145 – ATCC HTB-81)  
141 as well as normal human umbilical cord epithelial cell (HUVEC). The antiproliferative  
142 activity was quantified using the Alamar Blue assay, according to the method reported  
143 by Page, Page and Noel (1993). The cells were inserted into 96-well plates for all  
144 experiments ( $1.5 \times 10^4$  cells/well). After 24 h, the hydrolysates and peptide fractions  
145 were dissolved in Milli-Q water, added to each well and incubated at 37 °C in an  
146 atmosphere of 5% CO<sub>2</sub> for 24 hours. Complex dilutions were prepared to obtain  
147 concentrations ranging from 200 to 12.5  $\mu$ g/mL. Methyl methanesulfonate at 300  $\mu$ M  
148 was used as the reference cytotoxic drug (positive control). Mili-Q water (0.1% (v/v))  
149 was used to control the vehicle. After 24 h of incubation, 50  $\mu$ L of Alamar Blue (0.01%  
150 w/v resazurin) was added to each well, and the plates were incubated for 1 h at 37 °C  
151 in the dark. The fluorescence reading was performed on a CaryEclipse fluorescence  
152 spectrophotometer (Agilent Technologies, Santa Clara, CA, USA), using excitation and

153 emission filters at wavelengths of 530 and 590 nm, respectively. The cytotoxicity of  
154 each treatment was expressed by the percentage of cell viability, calculated in relation  
155 to the negative control. The cell viability (%) was expressed as half of the maximum  
156 inhibitory concentration (50%) (IC<sub>50</sub>).

157

## 158 **2.6 Statistical analysis**

159 The results were evaluated through one-way analysis of variance (ANOVA) and  
160 Tukey's test for multiple comparison, using the software of SigmaStat version 3.5  
161 (Systat software, California, USA). Statistically significance was shown at  $p \leq 0.05$ . All  
162 experiment was performed in triplicates.

163

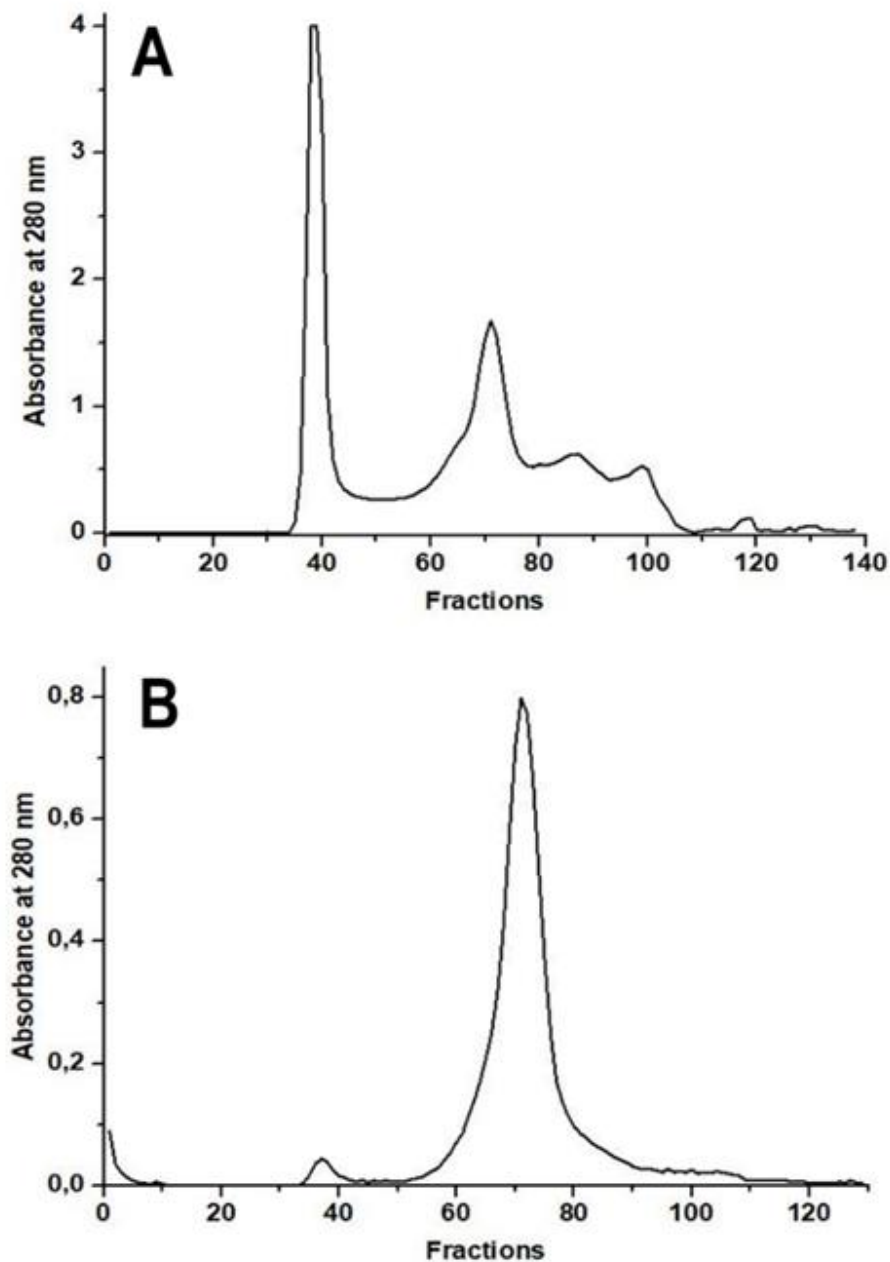
## 164 **3 RESULTS AND DISCUSSION**

### 165 **3.1 Isolation and purification of the $\beta$ -vignin protein**

166 Cowpea bean (*Vigna unguiculata* (L.)) is a legume seed consisting of 20-39%  
167 of protein (SIVAKANTHAN *et al.*, 2020). Globulins are considered the major protein  
168 fraction in cowpea seeds, representing 51-72% of the total protein (FERREIRA *et al.*,  
169 2018). Vicilin-type globulins are called vignins, term used by several authors to  
170 designate the 7S globulin from seeds of the genus *Vigna*. The  $\beta$ -vignin subunit is a  
171 major individual globulin (FREITAS; TEIXEIRA; FERREIRA, 2004). In addition, the  $\beta$ -  
172 vignin protein is a major cowpea storage protein.

173 The flour obtained from cowpea bean seed was used to obtain the protein of  
174 interest and its isolation was according to the methodology proposed by Ferreira *et al.*  
175 (2015). Afterwards, the isolated  $\beta$ -vignin was purified by size exclusion  
176 chromatography through Sepharose CL-6B column and its chromatographic profile is  
177 illustrated in **Figure 1A**.





178

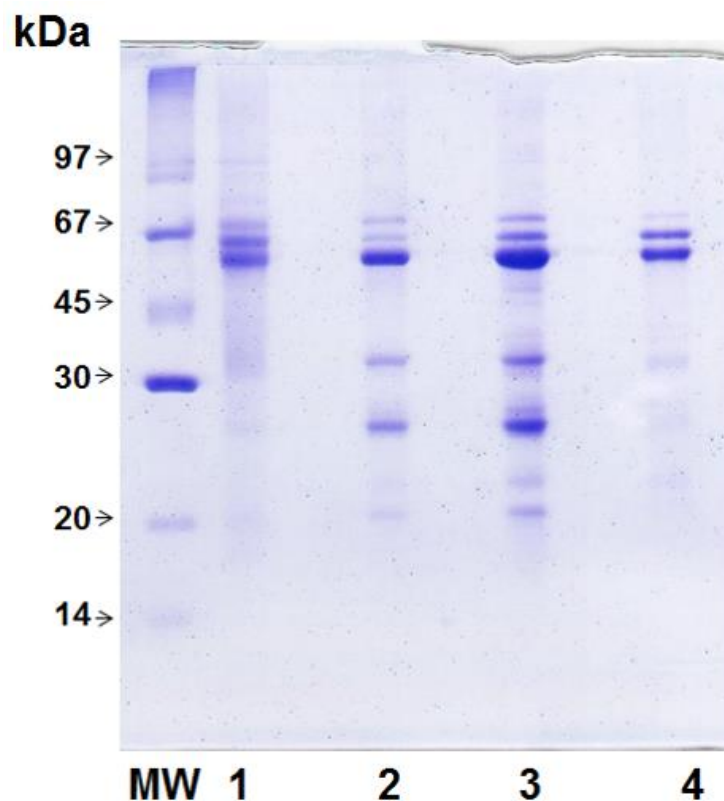
179 **Figure 1** – Size exclusion chromatography profile of  $\beta$ -vignin protein isolated (A) and  
 180 the peak corresponding to  $\beta$ -vignin protein (B) from cowpea bean.

181

182 It is possible to observe the presence of two major peaks. Protein quantification  
 183 and SDS-PAGE analysis of peak 1 showed that this first peak corresponds to a low  
 184 molecular weight non-protein chemical compound (data not shown). Studies carried  
 185 out by other authors have shown that the component in question would be related to  
 186 phenolic compounds that also present detection at 280 nm (NEVES *et al.*, 2009). The

187 second peak corresponds to cowpea  $\beta$ -vignin protein, which was collected,  
188 homogenized, concentrated and purified by size exclusion chromatography. Its  
189 chromatographic profile is illustrated in **Figure 1B**, where it is possible to observe the  
190 presence of only one peak related to  $\beta$ -vignin protein. This result was confirmed by  
191 SDS-PAGE under denaturing conditions, as shown in **Figure 2**.

192 As seen in the SDS-PAGE profile (**Figure 2**), lane 1 shows the total protein  
193 isolate of cowpea and it is possible to perceive, even at low resolution, the presence  
194 of several bands, ranging from 20 kDa to 97 kDa. Lane 2 illustrates the total globulin  
195 fraction, in which the 56 kDa, 60 kDa and 35 kDa bands are evident, and represent  $\beta$ -  
196 vignin (7S) (FERREIRA *et al.*, 2018).



197

198 **Figure 2** – SDS-PAGE under reducing conditions of proteins from cowpea. *MW*  
199 *column represents the molecular marker proteins; Lane 1 - total protein isolate; Lane*  
200 *2 - total globulin fraction; Lane 3 -  $\beta$ -vignin protein isolated and Lane 4 -  $\beta$ -vignin protein*  
201 *obtained by size exclusion chromatography.*

202 Lower bands, between 20 and 30 kDa, are also evident, revealing acidic and  
203 basic subunits of 11S globulin (FERREIRA *et al.*, 2018). Lane 3 corresponds to isolated  
204  $\beta$ -vignin and it is possible to observe that there are still other globulins, such as 11S,  
205 after extraction, which is expected since it is difficult to separate them only due to  
206 differences in isoelectric point and solubility. Therefore, the extracted  $\beta$ -vignin was  
207 purified by size exclusion chromatography and its product is illustrated in lane 4,  
208 showing there was an efficient isolation and the presence of three bands. It has been  
209 described that the  $\beta$ -vignin protein is a trimer, in which the two major bands correspond  
210 to the major polypeptides of 60 and 56 kDa, typical of the vicilin family polypeptides.  
211 Therefore, the analysis of the polyacrylamide gel demonstrates that the protein  
212 isolation step, followed by the size exclusion chromatography process, was efficient  
213 for obtaining the  $\beta$ -vignin protein.

214

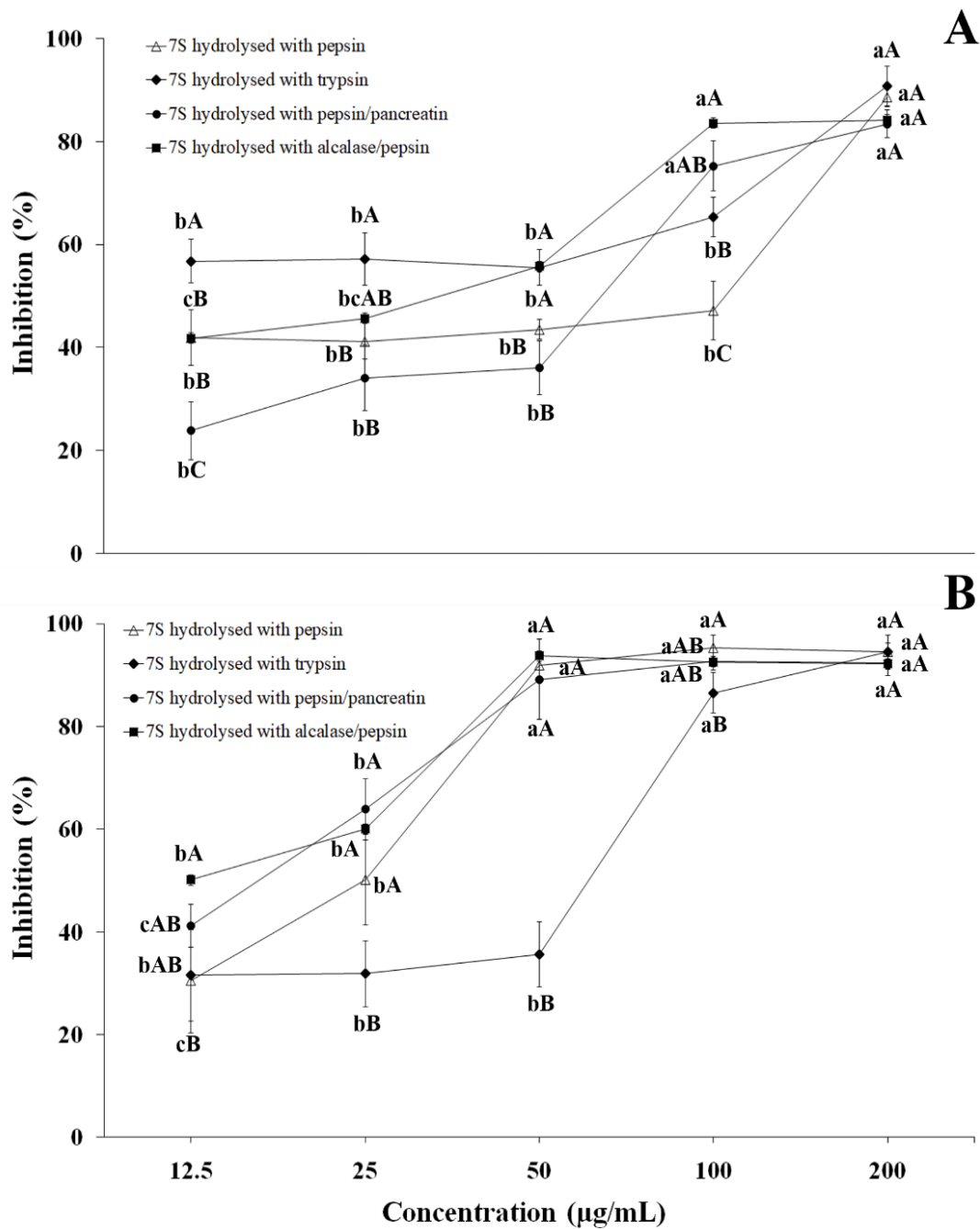
### 215 **3.2 Antiproliferative effect of the $\beta$ -vignin hydrolysates on cancer cells**

216 Studies that describe anti-tumor properties from cowpea are related to its  
217 phenolic extracts (LIYANAGE, 2018). Regarding the antitumor effect of proteins from  
218 this legume, a study isolated a 36 kDa protein similar to a polygalacturonase inhibitor  
219 that showed cytotoxic activity in lymphoma (MBL2) and leukemic (L1210) cells with an  
220  $IC_{50}$  of 7.4  $\mu$ M and 5.4  $\mu$ M, respectively (TIAN *et al.*, 2013). A cowpea seed extract has  
221 been shown to reduce the viability of different colon cancer cells (E705, DiFi, SW480)  
222 in a dose-dependent manner and to reduce the phosphorylation level of the epidermal  
223 growth factor receptor (EGFR). It was also able to act synergistically with cetuximab,  
224 an antineoplastic with therapy directed to EGFR. When the profile of the extract was  
225 evaluated, a Bowman-Birk inhibitor was identified, which was considered the main  
226 responsible for its antitumor activity (PANZERI *et al.*, 2020).

227           Recently, a study evaluated the antioxidant and antiproliferative activity of the  
228 total protein isolate (IPT) from five cultivars of cowpea bean. The IPT of the cultivar  
229 *Glenda* showed considerable inhibition of proliferation in lung cancer cells A549 ( $IC_{50}$   
230 = 30  $\mu\text{g/mL}$ ) and the IPT of the cultivar *Veg cowpea 2* in breast cancer cells MCF-7  
231 ( $IC_{50}$  = 15  $\mu\text{g/mL}$ ) (THUMBRAIN *et al.*, 2020).

232           In the present study, the purified  $\beta$ -vignin was subjected to hydrolysis using  
233 different enzymatic systems: (i) pepsin; (ii) trypsin; (iii) pepsin/pancreatin and (iv)  
234 alcalase/pepsin. Enzymatic hydrolysis is usually used to generate protein hydrolysates  
235 and peptides of different food proteins that act as anticancer agents in *in vitro* and *in*  
236 *vivo* studies (CHALAMAIAH; YU; WU, 2018). Each enzyme has its own specificity and  
237 selectivity, therefore, the final product (peptides) of protein hydrolysis varies depending  
238 on the enzyme/enzymes applied (TACIAS-PASCACIO *et al.*, 2020). Pepsin is an  
239 aspartic acid protease that usually hydrolyses hydrophobic amino acids, especially  
240 aromatic residues such as phenylalanine, tryptophan and tyrosine (LUO *et al.*, 2018);  
241 trypsin is a serine protease that preferably favors basic residues like lysine and arginine  
242 (MA; TANG; LAI, 2005); pancreatin is a ferment preparation containing a plurality of  
243 proteins, starch and fat splitting enzymes (SERGE, 1965); and alcalase is a serine  
244 endopeptidase that cleaves proteins in the middle of the amino acid chain and can be  
245 used to obtain small peptides with hydrophobic characteristics (TACIAS-PASCACIO  
246 *et al.*, 2020).

247           All four  $\beta$ -vignin hydrolysates from *Vigna unguiculata* were screened through a  
248 cytotoxicity assay against breast (MDA-MB-231) and liver (Hep-G2) cancer cells, as  
249 illustrated in **Figure 3**. To generate the  $IC_{50}$  values (**Table 1**), all samples were assayed  
250 at different concentrations (12.5–200  $\mu\text{g/mL}$ ) against both cancer cell lines over the 24  
251 h treatment period.



252

253 **Figure 3** – Antiproliferative effect of  $\beta$ -vignin (7S) hydrolysed with pepsin, trypsin,  
 254 pepsin/pancreatin and alcalase/pepsin against MDA-MB-231 (A) and Hep-G2 (B)  
 255 cancer cells. Mean  $\pm$  standard deviation ( $n=3$ ) with lower case letters indicate  
 256 difference between concentrations of the same hydrolysis and capital letters indicate  
 257 difference between hydrolysis at the same concentration ( $p$  value  $\leq 0.05$  by Tukey's  
 258 multiple-range test).

259

260

261 **Table 1** – Antiproliferation effect of  $\beta$ -vignin hydrolysates on MDA-MB-231 and Hep-G2 cells.

Hydrolysates/cell lines	MDA-MB-231		Hep-G2	
	Inhibition (%)	IC <sub>50</sub> ( $\mu$ g/mL)	Inhibition (%)	IC <sub>50</sub> ( $\mu$ g/mL)
H-pep	41.89 - 88.55	5.07	30.55 - 94.55	3.71
H-tryp	56.76 - 90.73	3.02	31.52 - 94.52	4.95
H-pep/pan	23.8 - 83.42	5.42	41.18 - 92.38	3.03
H-alc/pep	41.79 - 84.15	4.06	50.08 - 92.18	2.69

262 *H-pep - hydrolysate with pepsin enzyme; H-tryp - hydrolysate with trypsin enzyme; H-pep/pan - hydrolysate with pepsin/pancreatin enzymes;*263 *H-alc/pep - hydrolysate with alcalase/pepsin enzymes.*

264           The present study found that all  $\beta$ -vignin hydrolysates released peptides with  
265 antiproliferative activity against breast and liver cancer cells in concentrations between  
266 12.5–200  $\mu\text{g/mL}$ . Proliferation inhibition (%) of the hydrolysates was in the range of  
267 23.8–56.8% at 12.5  $\mu\text{g/mL}$ , which reached 83.4–90.7% at 200  $\mu\text{g/mL}$  in breast cancer  
268 cells. The trypsin hydrolysate exhibited the highest antiproliferation activity (90.7%) at  
269 200  $\mu\text{g/mL}$ , which had no statistical difference from the other hydrolysates at the same  
270 concentration. In liver cells, inhibition was 30.6–50.1% at 12.5  $\mu\text{g/mL}$  and 92.2–94.6%  
271 at 200  $\mu\text{g/mL}$ . The pepsin hydrolysate exhibited the highest antiproliferation activity  
272 (94.6%) at 200  $\mu\text{g/mL}$ , and again as seen in the breast cancer cells, had no statistical  
273 difference from the other hydrolysates at the same concentration. The  $\text{IC}_{50}$  value of the  
274 hydrolysates was in the range of 3.02–5.42  $\mu\text{g/mL}$  in both cell lines.

275           Other studies have investigated the effect of different food hydrolysates in  
276 several cancer cells *in vitro*. Carrillo *et al.* (2017) evaluated the antiproliferative activity  
277 of several protein hydrolysates (with pepsin; pepsin + corolase pp; protamex; flavor;  
278 and neutrasa enzymes) from walnut (*Juglans regia* L.) against 10 human cancer cell  
279 lines at different concentrations (0.25–250  $\mu\text{g/mL}$ ). The hydrolysate obtained with  
280 pepsin + corolase pp enzymes showed a stronger cytotoxic effect with an  $\text{IC}_{50}$  value of  
281 0.25  $\mu\text{g/mL}$  against UACC-62 cells (melanoma), followed by the hydrolysate obtained  
282 with neutrase ( $\text{IC}_{50}=25$   $\mu\text{g/mL}$ ) and pepsin ( $\text{IC}_{50}=71$   $\mu\text{g/mL}$ ) in the same cell line. In  
283 U251 cells (central system nervous cancer cell), the hydrolysate obtained with flavor  
284 enzyme showed a cytotoxic effect with an  $\text{IC}_{50}$  value of 167.4  $\mu\text{g/mL}$ . The other  
285 hydrolysates showed no significant antiproliferative activity against the cancer cells  
286 tested.

287           Hydrolysates obtained with alcalase and with trypsin from mungbean vicilin  
288 protein were tested against breast cancer cells (MCF-7 and MDA-MB-231) at

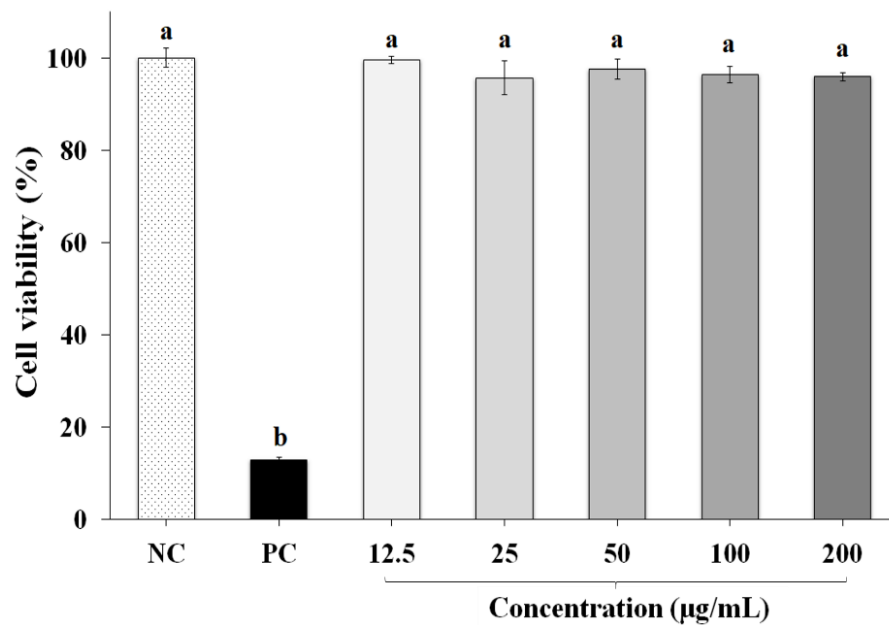
289 concentrations between 0.2–1.0 mg/mL in a cytotoxicity assay. After 48 h of treatment,  
290 the hydrolysate with alcalase demonstrated cytotoxic activity similar to the hydrolysate  
291 with trypsin, with IC<sub>50</sub> value of approximately 0.73 and 0.45 mg/mL in MCF-7 cells and  
292 0.48 and 0.54 mg/mL in MDA-MB-231 cells, respectively (GUPTA; SRIVASTAVA;  
293 BHAGYAWANT, 2018). Hydrolysates from sweet potato protein (*Ipomoea batatas* (L.)  
294 Lam) obtained by different proteases (with alcalase; proleather FG-F; AS1.398;  
295 neutrase; papain; and pepsin enzymes) showed dose-dependent antiproliferation  
296 effects on colon cancer cells (HT-29). Among the six hydrolysates, alcalase  
297 hydrolysate exhibited the highest proliferation inhibition effect with the lowest IC<sub>50</sub> value  
298 of 119.72 µg/mL (ZHANG; MU, 2018).

299         Amaranth (*Amaranthus cruentus*) protein hydrolysates obtained with three  
300 different enzymes (alcalase, trypsin, and pepsin) in a cytotoxicity assay conducted on  
301 MCF-7 (breast cancer), A549 (human lung cancer) and HEK 293 (human embryonic  
302 kidney) cell lines showed that trypsin hydrolysate exhibited a preeminent anti-cancer  
303 effect with na IC<sub>50</sub> value of 3.87 µg/mL and 14.10 µg/mL in breast and human lung  
304 cancer cells, respectively. It also induced apoptosis in all cell lines by increasing the  
305 expression of caspase-3/7 (RAMKISSON *et al.*, 2020). Heat denatured proteins from  
306 amaranth seeds were also subjected to simulated gastrointestinal digestion (with  
307 pepsin/pancreatin enzymes) and showed concentration dependent effects on growth  
308 inhibition of human breast cancer cells (MDA-MB-231) with na IC<sub>50</sub> value of 48.3  
309 µg/mL, when tested in concentrations that ranged between 20-500 µg/mL. It also lead  
310 to a significant change in membrane breakage, decreased in cell number and blebbing  
311 similar to that of curcumin (positive control) treated cells, induced apoptosis by  
312 increasing caspase-3 activity and inhibited cellular migration across an artificial wound  
313 (TANIYA *et al.*, 2020).



314 The bioactivity of generated peptides in protein hydrolysis depends on the ratio  
315 enzyme/substrate, time of hydrolysis and enzymes combination. The combination of  
316 proteases has been used in common bean (*Phaseolus vulgaris*) protein and has been  
317 reported to have a synergistic effect, specially gastrointestinal simulation by using  
318 pepsin/pancreatin enzymes, which has a broad specificity on proteins in the generation  
319 of bioactive peptides (LUNA-VITAL *et al.*, 2015). In the present study, for convenience  
320 and taking into account results from studies that used gastrointestinal simulation to  
321 generate peptides with anticancer properties (GONZÁLEZ-MONTOYA *et al.*, 2018;  
322 LUNA-VITAL *et al.*, 2014; VILCACUNDO *et al.*, 2018). In this sense, we decided to  
323 investigate the cytotoxic effect of peptide fractions from pepsin/pancreatin hydrolysate.

324 Before fractionating the pepsin/pancreatin hydrolysate into different molecular  
325 sizes, we evaluated the cell viability (%) of the hydrolysate in non-tumor human  
326 umbilical cord epithelial cells (HUVEC). In concentrations that ranged between 12.5–  
327 200 µg/mL used in our study, pepsin/pancreatin hydrolysate was able to inhibit cell  
328 viability of breast and liver cancer cells (**Figure 3**), but not the cell viability of non-tumor  
329 cells (HUVEC) (**Figure 4**). There was not a significant difference between the cell  
330 viability (%) of the negative control (cells with culture media only) and cells treated with  
331 pepsin/pancreatin hydrolysate at any concentration evaluated. Therefore, peptides  
332 present in the pepsin/pancreatin hydrolysate from β-vignin cowpea protein might be a  
333 good candidate to find a new peptide or peptides with antitumoral capacity, to  
334 selectively act on tumor cells. The positive control (methyl methanesulfonate, 300 µM)  
335 inhibited 87.15% of HUVEC cells.



336

337 **Figure 4** – HUVEC cell line growth treated with the  $\beta$ -vignin hydrolysed with  
 338 pepsin/pancreatin. Mean  $\pm$  standard deviation ( $n=3$ ) not connected with the same  
 339 letters are significantly different ( $p$  value  $\leq 0.05$  by Tukey's multiple-range test). NC:  
 340 negative control treated with culture media only. PC: positive control treated with 300  
 341  $\mu$ M methyl methanesulfonate.

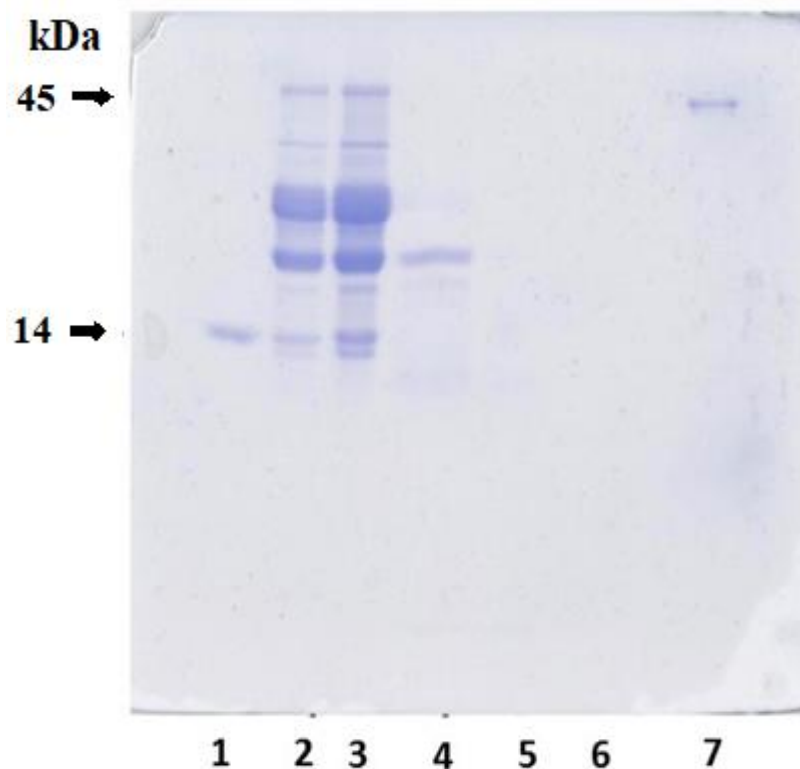
342

### 343 3.3 Effect of $\beta$ -vignin peptide fractions on cancer cell lines

344 The hydrolysate derived from the  $\beta$ -vignin protein, by the sequential action of  
 345 the enzymes pepsin and pancreatin, was fractionated by different molecular weight in  
 346 peptides greater than 30 kDa, peptides 30-10 kDa, peptides 10-3 kDa and peptides <  
 347 3 kDa. These fractions as well as pepsin/pancreatin total hydrolysate were subjected  
 348 to analysis by SDS-PAGE under denaturing conditions, as shown in **Figure 5**.

349 Lane 1 and 7 shows 14 kDa and 45 kDa molecular weight standard,  
 350 respectively. Lane 2 corresponds to the pepsin/pancreatin hydrolysate and it is  
 351 possible to see the presence of several bands corresponding to peptides with molecular  
 352 weight superior to 14 kDa. Lane 3 shows the profile of the fraction that corresponds to

353 peptides with molecular weight with 30 kDa and superior. However, we see a molecular  
354 profile similar to the pepsin/pancreatin hydrolysate. Lane 4 show the profile of peptides  
355 between 30 and 10 kDa, in which it is possible to see a band of peptides of around 20  
356 kDa; however, it was not possible to observe the presence of peptides with lower  
357 molecular masses. There were also no bands in the lanes 5 and 6, that corresponds  
358 to peptides 10-3 kDa and < 3 kDa, respectively. This may be due to the low molecular  
359 weight peptides (10 kDa or less) running out from the gel easily or its lower ability to  
360 interact with the developer solution (coomassie blue).



361

362 **Figure 5** – SDS-PAGE under reducing conditions of total  $\beta$ -vignin hydrolysate and  
363 peptide fractions from sequential hydrolysis of pepsin/pancreatin from cowpea bean.

364 *Lane 1 - 14 kDa Molecular Weight Standard; Lane 2 - Pepsin/pancreatin hydrolysate;*

365 *Lane 3 - Peptides greater than 30 kD;; Lane 4 - Peptides between 30 and 10 kDa;*

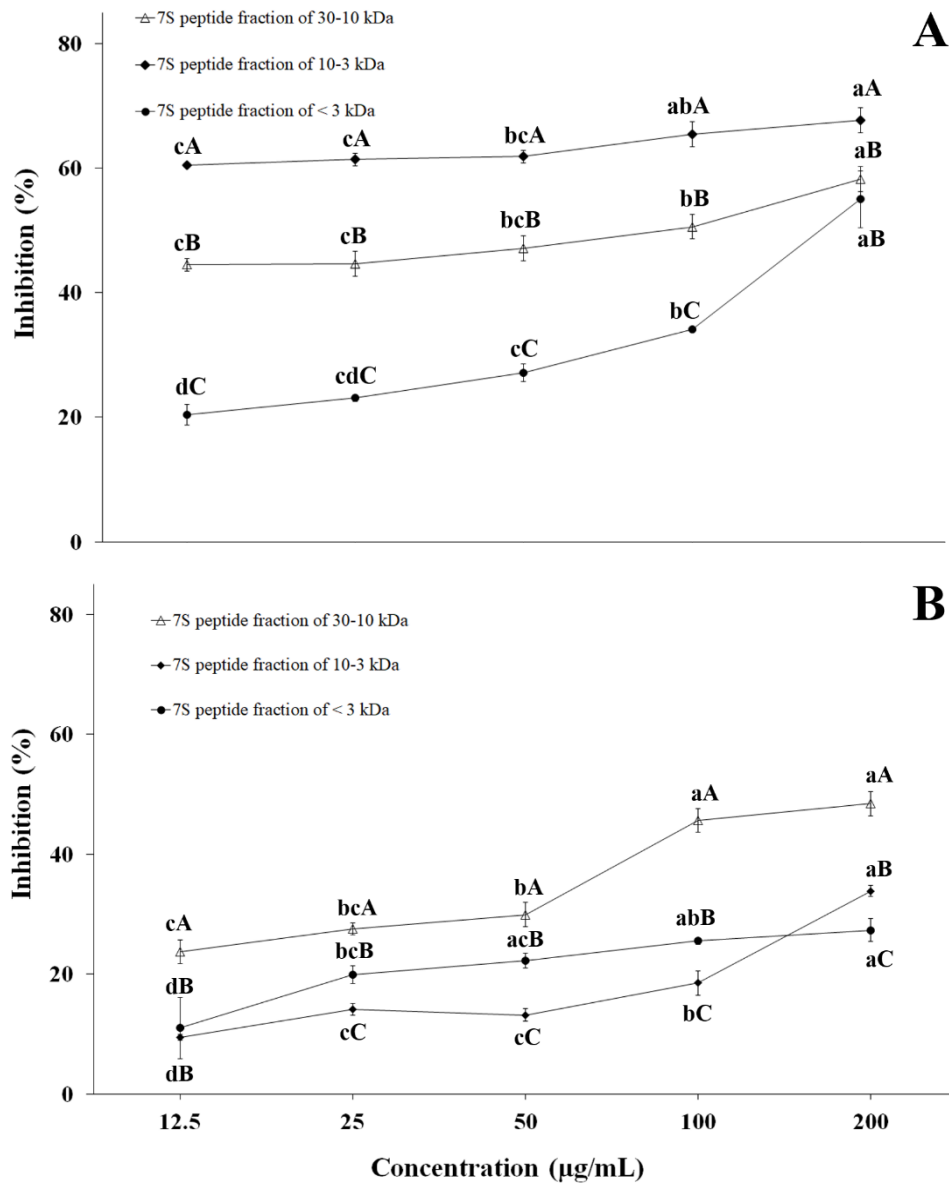
366 *Lane 5 - Peptides between 10 and 3 kDa; Lane 6 - Peptides less than 3 kDa; Lane 7 -*

367 *Molecular mass standard 45 kDa.*

368 Hence, we evaluated the inhibitory activity (%) of pepsin/pancreatin peptide  
369 fractions (30–10 kDa, 10–3 kDa and peptides < 3 kDa) from  $\beta$ -vignin against breast  
370 and liver cancer cells. Methyl methanesulfonate was used as a positive control. In  
371 MDA-MB-231 cells (**Figure 6A**). The highest inhibitory effect was found in the 10–3  
372 kDa peptide fraction (60.6–67.7%;  $IC_{50}$ =0.62  $\mu$ g/mL), followed by 30–10 kDa (44.5–  
373 58.3%;  $IC_{50}$ =0.85  $\mu$ g/mL) and peptides fraction < 3 kDa (20.5–55%;  $IC_{50}$ =1901.15  
374  $\mu$ g/mL) peptide fractions (**Table 2**). As expected, the positive control (methyl  
375 methanesulfonate) inhibited 92.3% of MDA-MB-231 cells. The current results are  
376 similar to those found by Rayaprolu *et al.* (2017a) in breast cancer cells (MCF-7), in  
377 which peptide fraction of intermediate size (10–5 kDa) from alcalase/pepsin/pancreatin  
378 hydrolysate from total protein of R95-1705 soybean line showed better cytotoxic  
379 activity (63%) compared to 50-10 kDa (~45%) and < 5 kDa (~38%) peptide fractions  
380 at 800  $\mu$ g/mL.

381 In **Figure 6B** is illustrated the antiproliferative effect of peptide fractions (30–  
382 10 kDa, 10–3 kDa and < 3 kDa) from  $\beta$ -vignin hydrolysed with pepsin/pancreatin  
383 against Hep-G2 cells. Peptides 30–10 kDa presented the highest inhibitory effect  
384 (23.7–48.4%;  $IC_{50}$ =10.63  $\mu$ g/mL), while 10–3 kDa and peptides fraction < 3 kDa had  
385 similar inhibition of 9.5–34% ( $IC_{50}$ =33.44  $\mu$ g/mL) and 11–27.3% ( $IC_{50}$ =52.21  $\mu$ g/mL),  
386 respectively. Methyl methanesulfonate inhibited 96.8% of Hep-G2 cells. Other studies  
387 with soybean hydrolysates found similar results. The 50–10 kDa fractions of N98-  
388 4445A and S03-543CR soybean lines inhibited approximately 70% of HepG-2 cells at  
389 800  $\mu$ g/mL, which was not significantly different from the positive control genistein at  
390 200  $\mu$ g/mL (RAYAPROLU *et al.*, 2013). HPLC analysis of this peptide fraction of N98-  
391 4445A soybean line revealed three peaks at varying elution times, in which was  
392 identified three peptides named E58, E67, and E79. E67 had significant anti-

393 proliferative activity against colon and blood cancer cells with 74% and 80% inhibition  
 394 at 700  $\mu\text{g/mL}$ . This peptide was identified as an 18 kDa peptide and recognized as the  
 395 precursor of 2S albumin from soybean (RAYAPROLU *et al.*, 2017).



396

397 **Figure 6** – Antiproliferative effect of peptide fractions (30-10 kDa, 10-3 kDa and < 3  
 398 kDa) from  $\beta$ -vignin (7S) hydrolysed with pepsin/pancreatin against MDA-MB-231 (A)  
 399 and Hep-G2 (B) cancer cells. *Mean  $\pm$  standard deviation (n=3) with lower case letters*  
 400 *indicate difference between concentrations of the same fraction and capital letters*  
 401 *indicate difference between fractions at the same concentration ( $p$  value  $\leq 0.05$  by*  
 402 *Tukey's multiple-range test).*

403

404

405 **Table 2** – Inhibition of cancer cell lines growth treated with the peptide fractions of  $\beta$ -vignin pepsin/pancreatin hydrolysates.

Peptides fraction/cell lines	[ ] of inhibitor ( $\mu\text{g/mL}$ )	MDA-MB-231		Hep-G2	
		Inhibition (%)	IC <sub>50</sub> ( $\mu\text{g/mL}$ )	Inhibition (%)	IC <sub>50</sub> ( $\mu\text{g/mL}$ )
Control	-	0.0	-	0.0	-
Methyl methanesulfonate	300 $\mu\text{M}$	92.28	-	96.82	-
Peptides 30–10 kDa	12.5–200	44.48-58.27	0.85	23.73-48.44	10.63
Peptides 10–3 kDa	12.5–200	60.45-67.68	0.62	9.46-33.9	33.44
Peptides < 3 kDa	12.5–200	20.45-55.00	1901.15	11.01-27.34	52.21

406

407           Although fractions of intermediate (10–3 kDa) and larger (30–10 kDa) peptides  
408 from pepsin/pancreatin  $\beta$ -vignin hydrolysate have shown stronger antiproliferative  
409 activity in MDA-MB-231 and Hep-G2 cells, respectively, it has been reported that small  
410 peptides play an important role in the anticancer activities of protein hydrolysates from  
411 food sources (CHALAMAIAH; YU; WU, 2018).

412           The non-digestible fraction hydrolysed with pepsin/pancreatin of five cultivars  
413 from common bean (*Phaseolus vulgaris* L.) presented antiproliferative activity in  
414 colorectal cancer cells (HCT-116 and RKO) in concentrations that ranged between  
415 0.125–1 mg/mL, specially the extract from Bayo Madero cultivar ( $IC_{50}=0.51$  mg/mL).  
416 Five peptides (GLTSK, LSGNK, GEGSGA, MPACGSS and MTEEY) with small  
417 molecular masses (505 to 1019 Da) were found to be the most abundant in all peptide  
418 extracts (LUNA-VITAL *et al.*, 2014). GLTSK ( $IC_{50}=134.6$   $\mu$ M) and GEGSGA  
419 ( $IC_{50}=156.7$   $\mu$ M) were able to inhibit colon cancer (HCT-116) cell growth in a dose-  
420 response manner, while the other three peptides had no inhibitory effect at the  
421 concentrations tested (0–200  $\mu$ M). They were also able to interacted synergistically  
422 with oxaliplatin. The peptide GLTSK triggered cell cycle arrest and apoptosis by  
423 causing loss of mitochondrial membrane potential, releasing pro-apoptotic signals and  
424 increasing the intracellular ROS concentration. GEGSGA peptide had a similar pattern  
425 of loss of mitochondrial membrane potential, intracellular ROS and cell cycle arrest  
426 than oxaliplatin (LUNA-VITAL; DE MEJÍA; LOARCA-PIÑA, 2016).

427           Hydrolysates of wheat germ protein prepared separately with alcalase, pepsin  
428 and proteinase K decreased lung cancer cell (A549) viability in a concentration-  
429 dependent manner in concentrations of 0.195–25 mg/mL, with  $IC_{50}$  values of 12.94  
430 mg/mL, 11.17 mg/mL and 11.27 mg/mL, respectively. Three peptides of the alcalase  
431 hydrolysate, two peptides of the pepsin hydrolysate, and two peptides of the proteinase

432 K hydrolysate were identified as the main components. Both pepsin-derived peptides  
433 (SSDEEVREEKELDLSSNE and KELPPSDADW) showed the highest effect  
434 ( $IC_{50}=2.34$  and  $7.25 \mu M$ , respectively) compared to alcalase-derived peptides  
435 TVGGAPAGRIVME and VGGIDEVIAK ( $IC_{50}=11.2$  and  $8.2 \mu M$ , respectively) and  
436 proteinase K-derived peptides SGGSYADELVSTAK and MDATAALHYENQK  
437 ( $IC_{50}=10.7$  and  $9.7 \mu M$ , respectively) (KARAMI *et al.*, 2019).

438 The anticancer activity of peptides from food proteins depend not only on  
439 peptide length, but also in its amino acid composition, sequence, and  
440 charge/hydrophobicity. A review published by Chalamaiah, Yu and Wu (2018)  
441 concluded that hydrophobic amino acids such as proline, leucine, glycine, alanine, and  
442 residues of lysine, arginine, serine, glutamic acid, threonine and tyrosine are frequently  
443 present in the sequence of anticancer peptides of food proteins. Future studies should  
444 focus on identifying the peptides present on pepsin/pancreatin hydrolysates from  
445 cowpea  $\beta$ -vignin, specially the 30-10 kDa and 10-3 kDa peptide fractions.

446

#### 447 **4 CONCLUSION**

448 Cowpea is a rich source of proteins, and therefore an interesting legume for the search  
449 of bioactive peptides. This work assessed the antiproliferative activity of four  $\beta$ -vignin  
450 hydrolysates and peptide fractions from pepsin/pancreatin hydrolysate. The trypsin  
451 hydrolysate ( $IC_{50}=3.02 \mu g/mL$ ) exhibited the highest antiproliferation activity (90.7%)  
452 at  $200 \mu g/mL$  in breast cancer cells, which had no statistical difference from the other  
453 hydrolysates at the same concentration. And the pepsin hydrolysate ( $IC_{50}=3.71 \mu g/mL$ )  
454 exhibited the stronger antiproliferation activity (94.6%) at  $200 \mu g/mL$ , and again had no  
455 statistical difference from the other hydrolysates at the same concentration. The 10-3  
456 kDa peptide fraction (60.5–67.7%,  $IC_{50}=0.62 \mu g/mL$ ) from pepsin/pancreatin



457 hydrolysate presented better effect against breast cancer cells, while 30–10 kDa  
458 peptide fraction (23.7–48.4%, IC<sub>50</sub>=10.63 µg/mL) had the best inhibitory effect on Hep-  
459 G2 cells. Further work is needed to characterize these anticancer peptides, which has  
460 been currently explored by our research group.

461

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467

## 468 **STATEMENT OF CONFLICT OF INTEREST**

469 All the authors declare no conflict of interest about the described research, the  
470 publication of the result and financial issues.

471

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#### 4 CONCLUSÃO GERAL

A partir dos resultados observados no presente estudo foi possível evidenciar que o processo de hidrólise das proteínas  $\beta$ -conglucina (7S) da soja, e a  $\beta$ -vigna (7S) do feijão-caupí originou frações peptídicas capazes de causar um efeito antiproliferativo (citotóxico) sobre as linhagens tumorais de câncer de mama (MDA-MB-231), próstata (DU-145) e hepático (Hep-G2), sendo observado um efeito dose-dependente. No entanto, os hidrolisados não mostram ação citotóxica sobre as células humanas não-tumorais (HUVEC).

Além disso, a fração constituída de peptídeos entre 10-3 kDa, de ambas as proteínas,  $\beta$ -conglucina e  $\beta$ -vigna, mostraram um efeito antiproliferativo mais significativo sobre as linhagens MDA-MB-231 e DU-145. Isto indica que o(s) peptídeo(s) com potencial antitumoral presente massa molecular nesse intervalo. Por fim, estudos adicionais são necessários a fim de identificar os peptídeos presentes nessas frações assim como investigar por quais mecanismos de ação eles atuam. Atualmente, essas questões estão sendo investigadas pelo nosso grupo de pesquisa.